

WORKSHOP ON Soft Skills Session

4TH DECEMBER 2022

INTERNATIONAL
INSTITUTE FOR
POPULATION SCIENCES

Placement Cell





Group picture of the participants of the workshop

INTRODUCTION

The Placement Cell at the International Institute for Population Sciences organized a session on "Soft Skills" on 4th December 2022. The workshop was organized in the MPS Classroom, 2nd Floor, Library Building, IIPS. This was the second workshop for the orientation of students toward soft skills organized by the Placement Cell at IIPS for the academic year 2022-23.

The goal of this workshop was to imbibe in the students a capacity towards developing skills that would increase their employability. The belief is that by working on soft skills, students can capitalize on their technical skills if they have the appropriate soft skills to go with them.



INAUGURATION

The session was hosted by Ms. Shruti Mishra from I MBD. She introduced the speaker. Mrs. Priya Sawant was the resource person for the event, she is a Lead Trainer, Soft Skills, at Larsen & Toubro, Mumbai. Dr. Dilip TR, Coordinator of the Placement Cell, was then requested to felicitate Mrs. Sawant with a sapling. Dr. Dilip then addressed the need for students to practice soft skills and perfect their presentation skills, in terms of their applications and interviews to be successful in selections. He additionally stressed the importance of applying to the corporate sector. With this, the session then moved on to the interactive workshop with Mrs. Sawant.



WORKSHOP

The resource person began the session by initiating an introduction session with the audience. The aim of the exercise was to understand how individuals brand themselves by giving as much information as they can about themselves in a brief instance.

She then moved on to discuss one's employability skills. She explained that skills can be developed, or acquired. Therefore, one can always work on themselves by practicing.

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She then moved on to discuss one's employability skills. She explained that skills can be developed, or acquired. Therefore, one can always work on themselves by practicing. Ma'am also discussed applying for jobs online and a little about resume writing, especially using templates that are available online.

The workshop then moved on to a discussion about the difference between one's hard skills and soft skills. The instructor also showed some videos and slideshows regarding effective application for a job. The key focus area in this aspect is to be Careful, Correct, and Clear.

The discussion then moved to more practical aspects of how to conduct oneself as an interviewee. The participants were divided into pairs and asked to interview each other and identify the areas where people, in general, could improve in.

After this, the instructor asked what the participants feel and do during an interview. Most participants shared their fears about fumbling during the interview and feeling nervous. Mrs. Sawant spoke about techniques one can use to calm themselves during the situation, especially breathing exercises, that help in calming one's anxiety.

She then discussed aspects of dressing and body language. Ma'am demonstrated the appropriate ways of sitting in an interview and the little things that one must keep in mind when they are giving an interview, like how to place one's hands, how to stand, how to take one's time in an interview, and so on.

Toward the end, ma'am conducted a quick demonstration of how to stand in a neutral manner.

With this, Ms. Shruti Mishra concluded the session with the vote of thanks.

FEEDBACK

The workshop on the whole received positive feedback. The majority of the participants the volunteers spoke to stated that they learned something new from the workshop. They especially found the practical aspect of the workshop, where people spoke and interacted with each other, and hence learned from each other too.

The resource person, according to the participants, was most helpful in dealing with anxiety-related issues. Her practical demonstrations and interactiveness kept the session lively and the audience engaged.

Participants stated that they understood the need for the workshop and were glad that it was conducted. The workshop exposed them to broader aspects of employment and being fresher. Further, gave participants the motivation to improve their soft skills and work on bettering their employability.

CONTRIBUTING PLACEMENT CELL MEMBERS

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