

International Institute for Population Sciences



Participation report in the

Pradhan Mantri TB-Mukt Bharat Abhiyan

2025



Organized by:

Dr. Sarang Pedgaonkar

Dr. Preeti Dhillon

Prof. Archana K Roy

Acknowledgement

It is with great joy that we acknowledge effective planning and implementation of the *Pradhan Mantri TB-Mukt Bharat Abhiyan 2025*. This initiative marks a significant milestone in India's public health journey, strengthening efforts to eliminate tuberculosis and build healthier communities.

First and foremost, we would want to express our sincere gratitude to the **Ministry of Health and Family Welfare, Department of Health and Family Welfare, Government of India** for initiating and assisting with this revolutionary nationwide effort. The government's vision, dedication, and resources have enabled organisations like ours to make significant contributions to the TB-Mukt Bharat Abhiyan, and for that we are incredibly grateful.

We would like to sincerely thank our Director & Sr. Professor (Addl Charge) **Prof. Dewaram A. Nagdeve**, whose enthusiastic leadership, support, and participation helped the campaign succeed. Our efforts have been anchored by your steadfast support. We are also grateful to our CAO **Dr. Manoj Alagarajan** for his guidance and supervision, which made sure that everything ran well at every level. This accomplishment is largely due to your commitment to institutional excellence and public health. Our sincere gratitude is extended to the IIPS administration for their outstanding planning, prompt assistance, and behind-the-scenes efforts, which made it possible for us to carry out the campaign without any problems.

We are particularly appreciative of **Dr. Manjiri Mangesh Rane** and the faculty members' enthusiastic participation and academic mentoring, which improved the content and effectiveness of our outreach initiatives. We would like to express our gratitude to our diligent employees for their commitment and operational support. Every element of the campaign, no matter how minor, was executed with attention and accuracy thanks to your efforts. We extend our especial thank to the student body, whose enthusiasm, ingenuity, and active participation made this campaign possible. Your contributions were priceless and incredibly motivating, whether they took the form of planning awareness campaigns, giving health lectures, or interacting with the community.

IIPS is proud to contribute to this nation-wide campaign to eliminate tuberculosis. With the continued support of the Government of India and the collective efforts of all stakeholders, we are confident that with sustained commitment, a TB-Mukt Bharat will soon become a reality.

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SUMMARY OF THE CAMPAIGN

The International Institute for Population Sciences (IIPS), Mumbai, participated in the *Pradhan Mantri TB-Mukt Bharat Abhiyaan* “Nikshay Shivar”, following a formal request from the Ministry of Health & Family Welfare (MoHFW), Department of Health & Family Welfare, Government of India. This national initiative aims to eliminate Tuberculosis (TB), focusing on community involvement, early diagnosis, and public awareness. In alignment with the campaign’s objective, the institute mobilised its students, faculty, staff, and volunteers to conduct a series of activities designed to raise TB awareness and encourage timely treatment. The campaign was organised by Dr Sarang, P. Pedgaonkar, Dr Preeti Dhillon, and Prof. Archana K Roy and received overall guidance and support from Prof. D. A. Nagdeve (Director & Sr. professor, Addl Charge). All the necessary administrative support for these activities was provided by Dr. Manoj Alagrajan (CAO, Addl Charge) and Dr. Mrs. Manjiri Rane (Asst. Registrar).

A variety of initiatives were implemented throughout the campaign. These activities included a pledge contest for making India TB free, awareness lecture at IIPS for students, staff, and faculty, creating posters and slogans for spreading awareness about TB, distributing pamphlets, screening campaigns, skit performances, Nikshay Mitra-themed IIPS marathon, and other outreach activities. The purpose of this program was to educate the local community about the signs and symptoms of tuberculosis, how it is transmitted, the available treatments, and the importance of reducing associated stigma. The volunteers and peer educators were instrumental in spreading these ideas on campus and in the local communities. Around 100 members from student, staff, and faculty participated in taking pledge and attended TB awareness lecture delivered by Dr. Manasi Palav. The IIPS marathon saw enthusiastic participation from around 350 individuals, reflecting strong community involvement and commitment to TB awareness.

IIPS organized health camps and screening drives in conjunction with the local district TB officers and staff. To encourage people to get screened for TB symptoms, a screening camp was set up outside the campus. A qualified medical staff was on hand to help with the screening process. People who had more than three symptoms were referred to the local government hospital. Around 115 persons were screened in this campaign.

Skits were performed at IIPS by students, staff, and faculty for creating awareness and imparting knowledge in an entertaining manner. As a part of outreach activity, the skits along with interactive discussions and screening for TB symptoms were organized at Ganga-Jamna coop. housing society premises, Nerul. About 150 residents near outreach activity area participated in the skit show and joined interactive discussions after the skit performance.

The TB campaign concluded with a closing ceremony on 28th March 2025, where the winners of the poster and slogan competitions were awarded prizes, and all the volunteers involved in the activity were felicitated for their contributions. IIPS's active participation in the TB awareness program not only enhanced community engagement and outreach efforts but also fostered a spirit of leadership and social responsibility among its students.

1. ACTIVITIES

1.1 INVITED TALK ON TUBERCULOSIS

As part of the awareness programme at the International Institute for Population Sciences (IIPS), Dr. Manasi Palav from Shatabdi Hospital delivered an insightful lecture highlighting the critical public health issue of Tuberculosis (TB). Dr. Palav gave a thorough rundown of the several causes of tuberculosis at the beginning of the session, emphasising risk factors such as malnourishment, low standard of living, and ignorance. She underlined how TB still places a significant strain on India's healthcare system, especially for low-income and vulnerable groups. Dr. Palav also discussed the biology of tuberculosis infection, its mechanisms of transmission, and the need for early detection. The talk also discussed India's strategic goals under the National Tuberculosis Elimination Programme and current treatment procedures, such as the utilisation of DOTS

(Directly Observed Treatment, Short course). A lively Q&A period followed the lecture, during which staff and students discussed the difficulties in eradicating tuberculosis, creative approaches, and the value of public health education in reducing the stigma associated with the disease with Dr. Palav. She also emphasised the significance of community awareness, consistent treatment, and early intervention in halting the disease's spread. The lecture was well-received for its depth and clarity. Dr. Palav underlined the importance of ongoing monitoring and TB patient support networks. She urged students to participate in public health programs and support TB awareness campaigns. A vote of gratitude and the presentation of a token of appreciation to the guest speaker marked the conclusion of the program.





1.2 POSTER MAKING AND SLOGAN WRITING COMPETITION

On February 10th and 11th, 2025, a competition was successfully held to encourage student's creativity and awareness. Eight students and twelve staff and faculty members, respectively, participated enthusiastically in the poster and slogan competitions, submitting entries that addressed a wide range of relevant TB-related topics. Through their imaginative representations, the participants delivered powerful messages and displayed extraordinary artistic abilities. Students were able to express their opinions on significant topics in a visually striking way through the competition.

A group of faculty members served as judges to guarantee openness and equity in the assessment procedure. Entries were evaluated based on originality, relevance to the theme, visual appeal, and clarity of message. Following a thorough examination, the top entries were chosen, and in a short ceremony, the winners

received their prizes. The event ended well, with gratitude from both students and professors, and it served as an inspiration for more involvement in similar future events.





1.3 “NIKSHAY SHIVIR” (SCREENING CAMP)

From March 3rd to 5th, 2025, a successful TB screening camp was held outside the International Institute for Population Sciences campus. The camp’s main goals were to raise awareness of TB symptoms, prevention, and treatment in the neighbourhood and to aid in early diagnosis of the disease. Everyone was welcome to join the camp, and locals were strongly urged to do so. To guarantee maximum reach, announcements and pamphlets were distributed before the event. This outreach led to a large turnout at the camp, with more than 100 people taking part in the free screening program throughout the course of the three days.

all guests. Common TB symptoms, including prolonged fever, night sweats, chest pain, abrupt weight loss, and a cough that lasts longer than two weeks, were questioned about by the participants. To raise awareness of the illness and the significance of early diagnosis and treatment compliance, educational pamphlets in the local languages were distributed. To confirm the diagnosis and start the proper medical intervention, those who displayed symptoms suggestive of tuberculosis were sent right away to Shatabdi hospital for additional testing, including as sputum analysis and chest X-rays.



A team of competent medical professionals and volunteers administered the camp and conducted symptom-based assessment for

The participants and locals were very appreciative of the TB screening camp and conveyed their appreciation for an easily

accessible educational health program. In addition to being a medical outreach event, the occasion provided a forum for public education, a reduction in stigma attached to tuberculosis, and a promotion of the idea that the disease is preventable and treatable. Additionally, IIPS faculty and students actively participated in the camp, assisting with coordination and awareness-raising

activities. The camp's success served as a reminder of the value of community-based health programs and the necessity of routine screening programs, particularly in urban and semi-urban areas where undetected tuberculosis is still a public health concern.

1.4 MARATHON BY IIPS

On March 8th, 2025, the International Institute for Population Sciences successfully conducted a TB knowledge run to raise community knowledge of tuberculosis (TB) and advance health and well-being. A total of 350 people, including

students, staff, faculties enthusiastically participated in the event. The run started early in the morning from the IIPS campus and followed a planned route through nearby areas. Participants ran with energy and purpose, helping draw attention to the



importance of early detection, treatment, and prevention of TB. The purpose of the event was to raise awareness of the illness, lessen its stigma, and motivate individuals to get medical attention as soon as possible.

messages about TB symptoms, prevention, and access to treatment.

A felicitation ceremony marked the end of the event, during which participants were awarded medals and diplomas for their



The State Bank of India, the IIPS Alumni Association, and the Gender Project at IIPS generously funded the run, and their assistance was crucial to the event's seamless execution. T-shirts, caps, water bottles, and TB awareness materials were given to each participant. To ensure the comfort and safety of all runners, first-aid stations and hydration stations were positioned around the course. Volunteers from the faculty and students were crucial in handling registrations, assisting attendees, and organising logistics. Educational banners and posters were displayed along the route to reinforce key

contributions to the cause. Speaking at the event, representatives from IIPS and the sponsoring organisations emphasised the critical need to eradicate the stigma associated with tuberculosis and increase public knowledge of the disease. Beyond being a fitness competition, the TB Awareness Run served as a powerful outreach initiative promoting healthy lifestyle choices and a sense of social duty in the neighbourhood. The success of the marathon has spurred ideas to make it an annual event as part of IIPS's continuous commitment to public health awareness and community participation. As part of the coverage, highlights of the awareness run

were also shared through a short video on YouTube. Watch the video here (https://youtu.be/16oTQsKzSGg?si=SxTY Y7eBcV_G4zDE)



1.5 SKIT COMPLETION

To actively engage students and the community in raising awareness about tuberculosis (TB), skits were organized as part of the Tuberculosis Awareness Program. Through storytelling and drama, the tournament provided a dynamic platform for educating people about many facets of the illness. Three teams participated in the event, each preparing and performing a unique skit centred on a TB awareness theme. Students, educators, medical experts, and community officials attended the ceremony, held in the auditorium. All attendees expressed their appreciation for the initiative.

Each of the three groups performed with great energy and demonstrated exceptional stage presence, acting skills, and coordination. The actors demonstrated remarkable creativity and effort in their well-rehearsed skits. The audience's enthusiastic response and applause reflected their engagement and appreciation of the performances. Expressive body language, emotional dialogue, and basic props added depth to the drama and kept the audience engaged throughout the performance. The judges commended the teams' dedication, confidence, and ability to effectively convey important ideas through their performances.

The contest turned out to be educational as well as fun. It successfully simplified difficult medical concepts into relatable tales that appealed to audiences of all ages. The audience praised the participants for their compelling performances and commitment to public health education. Certificates of appreciation were given to each participant. The organizing committee gave a brief speech to wrap up the event, stressing the value of youth-led campaigns for community outreach and disease awareness.





1.6 OUTREACH ACTIVITY

To commemorate World Tuberculosis Day and raise community awareness of tuberculosis, a special TB awareness outreach activity was held at Ganga Yamuna Society, Sector 15, Nerul, on March 24, 2025. Faculty, students, volunteers, and medical professionals worked together to plan the event, which aimed to inform the public about tuberculosis symptoms, prevention, and the value of early diagnosis and treatment. Notably, Prof. Dhananjay W. Bansod, Dr. P. Murugesan, and Mr. R. B. Lakhan played key roles in ensuring the smooth conduct of the outreach activity. A variety of activities took place throughout the day, drawing lots of locals and encouraging participation across all age groups.

Faculty and staff volunteers staged an entertaining skit to kick off the outreach. The skit emphasized key information about tuberculosis (TB), including its modes of transmission, who is at risk and preventive

measures. Common TB myths and misconceptions were also covered, along with the need of paying attention to signs including fever, weight loss, and a persistent cough.

Following the skit, Health specialists and public health professionals delivered a TB awareness talk, providing in-depth information about the current TB burden in India, the difficulties in containing its spread, and effective prevention techniques. They highlighted the importance of early testing, healthy eating, proper hygiene, and treatment compliance. To encourage an open communication and learning, the event featured an interactive Q&A section where community members asked questions and discussed personal issues.

A team of volunteers supported by qualified medical professional screened about 150 people at a TB screening camp, which served as the culmination of the initiative.

Those exhibiting potential symptoms of tuberculosis were referred to local medical facilities for additional testing and diagnosis after a screening that included symptom checks and basic health evaluations. To ensure the message was understood by as many people as possible, educational leaflets in the local languages were also distributed during the camp.

1.7 CONCLUDING ACTIVITY

To wrap up the TB awareness campaign, a final session was held at IIPS on 28th march 2025. Faculty, students, volunteers and the organisers came together to participate in a variety of activities, including the screening camp, awareness, presentations and skit performances. The entire outreach effort was reviewed during the concluding session, where participants reflected on the key outcomes and the impact of the activities on the community. To acknowledge the contributions of those who actively participated and supported the events, prizes were awarded, and the contributions of performers and volunteers

Residents expressed their appreciation for the awareness campaign as the event was concluded successfully. The success of the outreach program demonstrated the effectiveness of community-based interventions in promoting health education and emphasized the need for consistent awareness campaigns to effectively combat tuberculosis.

were formally recognized. The campaign came to a meaningful end with the session, reinforcing the significance of continued public health participation and awareness initiatives.



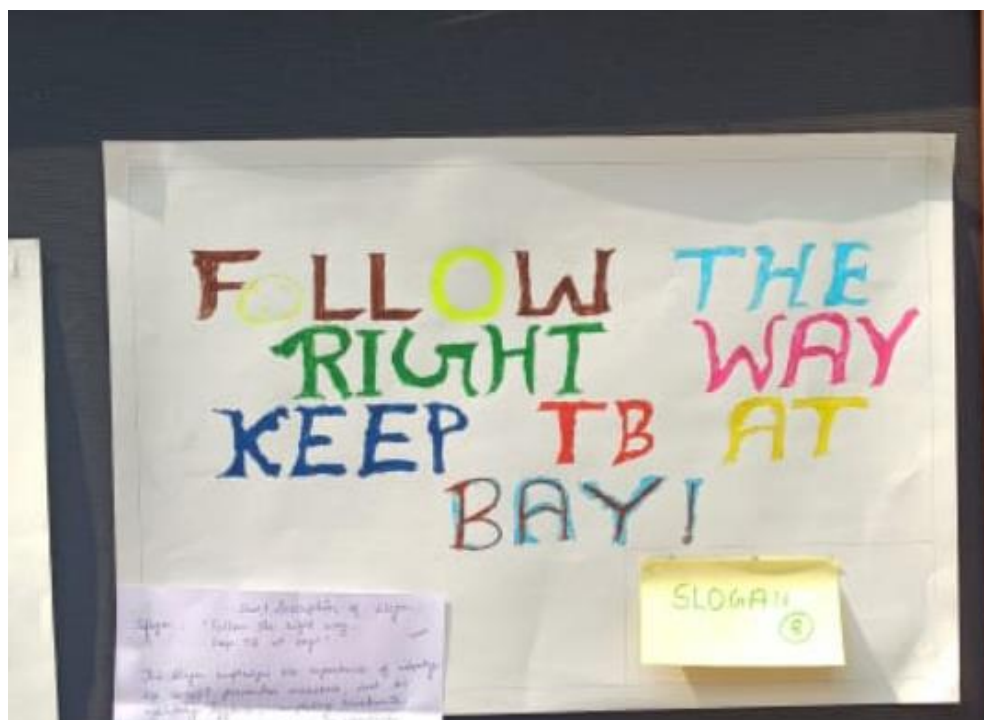
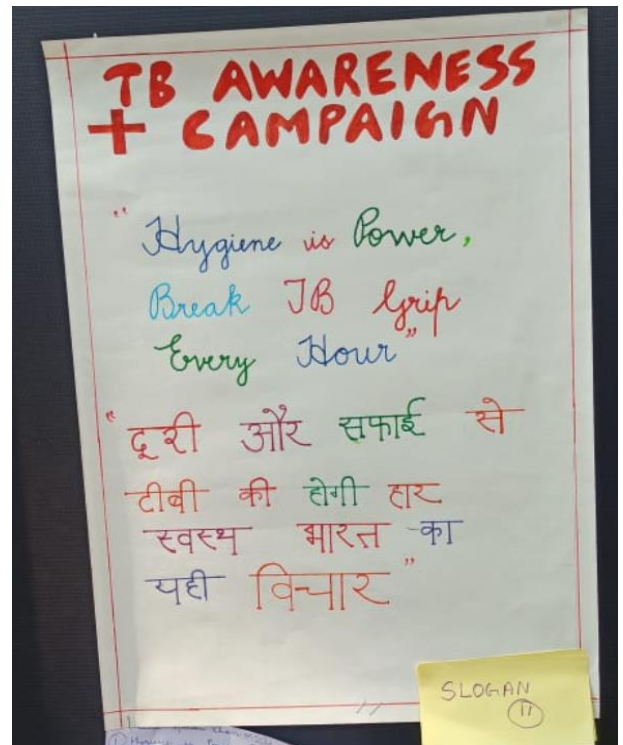
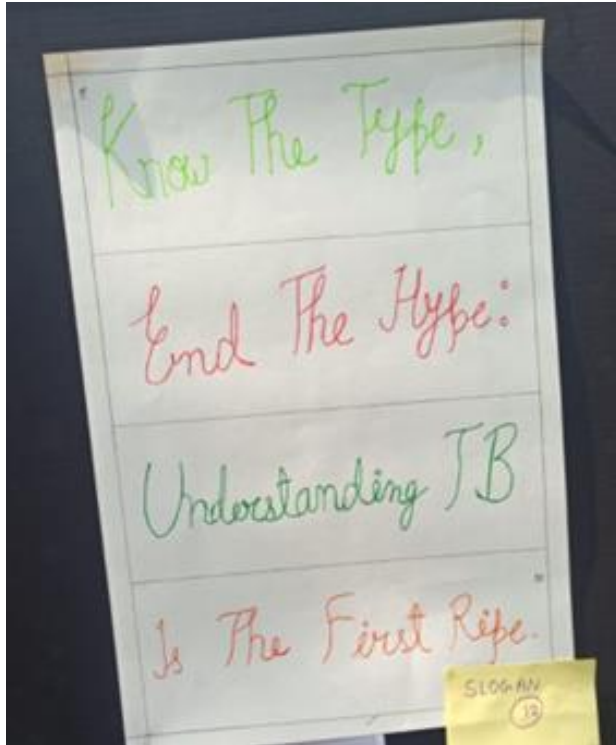
APPENDIX

CALENDAR OF ACTIVITIES CONDUCTED

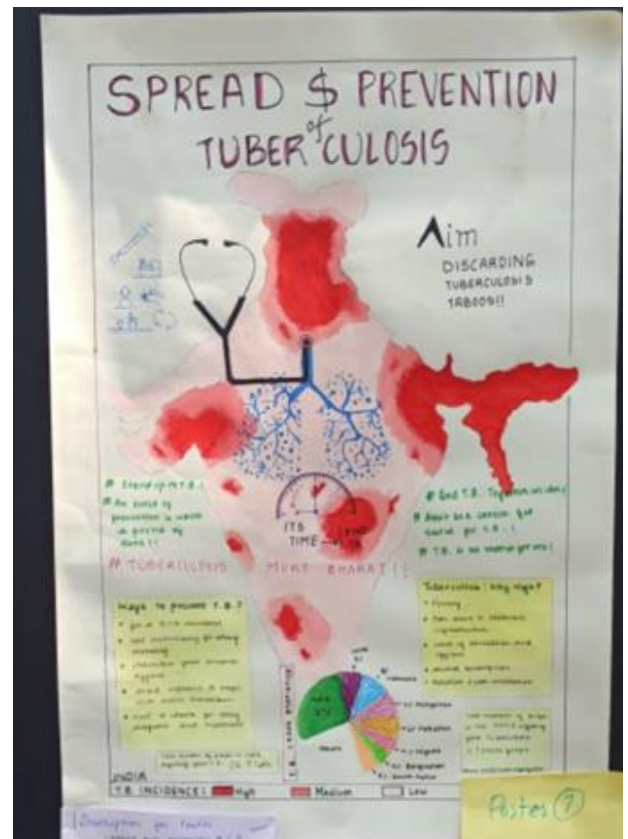
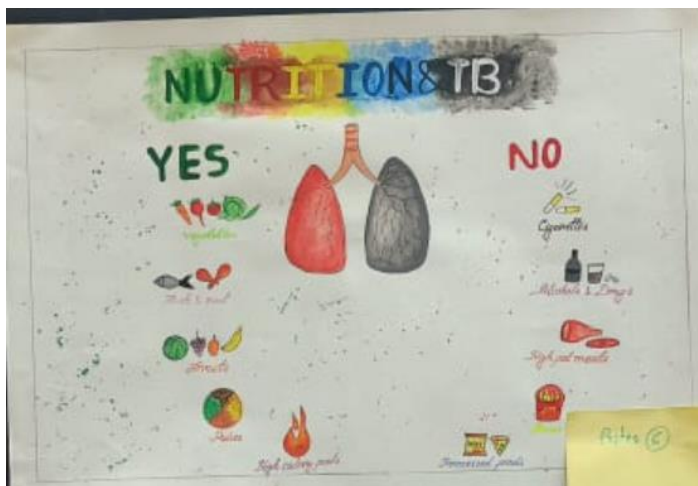
Title of Seminars/Conferences/Sessions/ Workshops Organized	Dates	Place
Lecture on Tuberculosis	4 th February, 2025	IIPS, Mumbai
Completion for Poster making and slogan on TB-Mukt Bharat	10-11 th February, 2025	IIPS, Mumbai
Ni-kshay Shivir (Screening camp) under PM TB-Mukt Bharat Abhiyan	3-5 th March, 2025	IIPS, Mumbai
Pradhan Mantri TB-Mukt Bharat Abhiyan Campaign: Skit performances	7 th March, 2025	IIPS, Mumbai
Pradhan Mantri TB-Mukt Bharat Abhiyan: Run by IIPS	8 th March, 2025	IIPS, Mumbai
Pradhan Mantri TB-Mukt Bharat Abhiyan: Outreach activity	24 th March, 2025	Nerul, Mumbai
Pradhan Mantri TB-Mukt Bharat Abhiyan Campaign: Concluding activity	28 th March, 2025	IIPS, Mumbai

PHOTO GALLERY

SLOGAN COMPETITION



POSTER COMPETITION



POSTER & SLOGAN EVALUATION



SKITS



VOLUNTEERS



For marathon run



IIPS Volunteers taking screening activity

LIST OF VOLUNTEERS

<i>Name</i>	<i>Course</i>
Lahu Rathod	Alumni
Rajan Ram	Project
Bishwajeet Besra	Project
Mukesh Kumar	Ph.D. (5th Year)
Chandrima Paul	Ph.D. (4th Year)
Chandan Kr. Hansda	Ph.D. (4th Year)
Diksha Rani	Ph.D. (4th Year)
Mihir Adhikari	Ph.D. (4th Year)
Deepak Goli	Ph.D. (4th Year)
Vinod Kumar	Ph.D. (4th Year)
Ayushi Das	Ph.D. (4th Year)
Raza Mohammad	Ph.D. (3rd Year)
Javed Alam	Ph.D. (3rd Year)
Sasanka Boro	Ph.D. (3rd Year)
Shubham Sharma	Ph.D. (3rd Year)
Neelkamal A. Kalita	Ph.D. (2nd Year)
Chandan Kumar	Ph.D. (2nd Year)
Preeti	Pre-Ph.D.
Jayanta Das	Pre-Ph.D.
Sumit Saurabh	Pre-Ph.D.
Rishee Gogoi	MA/MSc (1st Year)
Abhay K. Singh	MA/MSc (1st Year)
Ashutosh Tiwari	MBD (1st Year)
Jambubati Muduli	MA/MSc (2nd Year)
Harshita Kumari	MBD (1st Year)
Neeloo Bharati	MBD (1st Year)
Girish Bhagwan Patil	MSD (1st Year)
Preeti	Ph.D. (2nd Year)
Vikash Kumar Gupta	MBD (1st Year)

<i>Name</i>	<i>Course</i>
Ramnaresh	MSD (1st Year)
Debaditya Ganguli	MSD (1st Year)
Vinod Kumar	Ph.D. (4th Year)
Trilochana Miniaka	MA/MSc (2nd Year)
Somedha Khwairakpam	MBD (1st Year)
Yogesh Rajgolkar	MBD (1st Year)
Anubha Aditi Kujur	MBD (2nd Year)
Akib Ayaz	MBD (2nd Year)
Lilly Rose Jose	MSD (1st Year)
Priyanshu Sharma	Ph.D. (3rd Year)
Amit Shaw	Ph.D. (3rd Year)

LIST OF PARTICIPANTS

POSTER COMPETITION

1. Debrati Das
2. Ritaja Nath
3. Anubha Kujur
4. Iaklu Mandal Bipul
5. Roy
6. Srijani Mondal
7. Vanshika Kumar
8. Rachita More

SLOGAN COMPETITION

1. Nivedita Mishra
2. Suresh Jungari
3. Anita Dogra
4. U. S. Mishra
5. Ashutosh Tiwari
6. Girish Patil
7. Abhaya Kumar Singh
8. Ramnaresh
9. Shubham Tiwari
10. Anshu Priya
11. Adnan
12. Abhishek Gupta

IWD SKIT PARTICIPANTS

1. Mrs. Nivedita Mishra
2. Dr. Archana
3. Rasthrapal Bhanu Lakhan
4. Dr. Pragati Ubale
5. Niharika Awasthi
6. Rupali
7. Chandan Kumar Hansda
8. Rishabh Kumar
9. Abhishek Gupta
10. Himanshu Jaiswal
11. Anubhav Verma

TB SKIT PARTICIPANTS

1. Prof. K. C. Das
2. Prof. Nandita Saikia
3. Dr. Guru Vasistha
4. Dr. Sarang Pedgaonkar
5. R. B. Lakhan
6. Saroja Gopal
7. Akanksha Vishwakarma
8. Nivedita Mishra
9. Yogesh Kherdekar
10. Motilal Mohare
11. Ram Bachhan
12. Amol Hase
13. Kanchan Shardul
14. Shweta Deoghare
15. Bhavika R. Shinde