

# STUDY ON GLOBAL AGEING AND ADULT HEALTH 2006

### Individual Questionnaire - Set A



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## World Health Organization Study on Global Ageing and Adult Health (SAGE) Individual Questionnaire A - INDIA

### **Contact Record – Individual or Proxy Respondent**

Q1000a. Interviewer I.D.	
Q1000B. CONTACT WITH:	
1=INDIVIDUAL RESPONDENT	1
2=PROXY RESPONDENT	2
3=No one	3
Q1000c, RESULT CODE	
01=COMPLETED INTERVIEW (INTERVIEW IS ACCEPTED AND CONDUCTED – THIS INCLUDES	01
INTERVIEW AND BODY MEASUREMENT, PERFORMANCE TESTS AND BLOOD SAMPLE)	
02=PARTIAL INTERVIEW (INTERVIEW IS PARTIALLY COMPLETED AND PERSON WILL NOT BE	02
CONTACTED ANYMORE).	
03=Respondent contacted-initial refusal	03
04=RESPONDENT CONTACTED-UNCERTAIN ABOUT INTERVIEW	04
05=RESISTANCE/REFUSAL BY RESPONDENT	05
06=FINAL REFUSAL BY RESPONDENT	06
07=FINAL REFUSAL BY OTHER HOUSEHOLD MEMBER	07
08=UNABLE TO LOCATE RESPONDENT	08
09=NO INTERVIEW BECAUSE RESPONDENT IS NOT ELIGIBLE: LESS THAN 18, MENTALLY UNFIT OR	09
TOO ILL.	40
10=LANGUAGE BARRIER	10
11=HOUSE IS VACANT OR HOUSEHOLD OCCUPANTS ARE ELSEWHERE (SEASONAL VACANCY,	11
OTHER RESIDENCE) 12=UNSAFE OR DANGEROUS AREA OR NO ACCESS TO RESPONDENT	12
13=Deceased respondent	13
14=RESPONDENT IN INSTITUTION: JAIL, HOSPITAL AND NOT ACCESSIBLE	14
The state of the s	
INTERVIEWER: INSERT FINAL RESULT CODE IN SECTION 0000: COVERSHEET, Q0007B.	

## World Health Organization Study on Global Ageing and Adult Health (SAGE) Individual Questionnaire A - INDIA

Q1001	INTERVIEWER:  Does the respondent have obvious cognitive limitations that prevent him/her from being interviewed?		1 2	Yes No		Q1005
health. T	ike to start by asking you some background que his information is confidential and you will not be	oe i	den	tified ind	ividually or without your	consent.
I know th	he issues we are exploring in this study are the nese questions may be sensitive or difficult to a art by asking you two questions about your me	nsv	ver,			
Q1002	How would you best describe your memory at present? Is it very good, good, moderate, bad or very bad?		1 2 3 4 5	VERY GOOD MODE BAD VERY	RATE	
Q1003	Compared to 12 months ago, would you say your memory is now better, the same or worse than it was then?		1 2 3	BETTE SAME WORS		
Q1004	Interviewer:	1			N TO THINK RESPONDENT OGNITIVE LIMITATIONS>	INDIVIDUAL CONSENT FORM AND INDIVIDUAL Q
		2			LIMITATIONS OR HEALTH PROXY→	Q1005
Q1005	INTERVIEWER: WE WOULD LIKE TO ASK SOMEONE WHO KNOWS THE RESPONDENT A FEW QUESTIONS ABOUT THE RESPONDENT'S MEMORY AND HEALTH. Who is the proxy?	-			→ JSE→	Proxy Q Proxy Q
	INTERVIEWER: GO TO PROXY COM	ısı	EN'	T & QU	ESTIONNAIRE	

#### **Section 1000: Socio-Demographic Characteristics Time Begin** Q1006 Household ID Q1007 Person (HH member) number from HH roster (number from column) **ASSAMEE** 2 **BENGALI** 3 ENGLISH **G**UJARATI 5 HINDI 6 KANNADA KASHMIRI What is your mother tongue? 8 KONKANI MALAYAM By mother tongue, we mean the language 10 Manipuri you learned first, the language that you Q1008 can express yourself fully in, or voluntarily 11 Marathi identify with. 12 NEPALI 13 ORIYA 14 PUNJABI 15 SINDHI 16 TAMIL 17 TELUGU 18 URDU 87 OTHER, SPECIFY: MALE INTERVIEWER: Q1009 Record sex of the respondent **FEMALE** What day, month and year were you born? Q1010 DD/MM/YYYY Check birth certificate if available. -8 Don't know How old are you now? Q1011 AGE IN YEARS INTERVIEWER: If don't know - probe. Never Married .....→ Q1015 Q1012 What is your current marital status? Q1014 CURRENTLY MARRIED .....→ COHABITING .....→ Q1014 SEPARATED/DIVORCED ..... → Q1013 4 5 WIDOWED ..... Q1013 For how many <u>years</u> have you been Number of Years .....→ Q1013 separated, divorced or widowed? Q1015 INTERVIEWER: if less than 1 year, enter "00" -8 Don't Know ......

Q1015

Q1014	For how many <u>years</u> have you been married or living together? INTERVIEWER: if less than 1 year, enter "00"	-8 /	Number of years	
04045	Have very average and a selection	1	YES	
Q1015	Have you ever been to school?	2	No→	Q1018
		1	LESS THAN PRIMARY SCHOOL	•
Q1016	What is the highest level of education that	2	PRIMARY SCHOOL COMPLETED	
	you have <u>completed</u> ?	3	SECONDARY SCHOOL COMPLETED	
		4	HIGH SCHOOL( OR EQUIVALENT) COMPLETED	
		5	COLLEGE/PRE-UNIVERSITY/UNIVERSITY COMPLETED	
		6	POST GRADUATE DEGREE COMPLETED	
Q1017	How many <u>years of school</u> , including higher education have you <u>completed</u> ?	0.1	NUMBER OF YEARS	
Q1018	What is your background or ethnic group?	1	SCHEDULED TRIBE	
Q 1010	Triacio your <u>background or ourne group:</u>	2	SCHEDULED CASTE	
			NO CASTE OR TRIBE	
			OTHER, SPECIFY:	
Q1019	Do you belong to a religious	1 2	NO, NONE BUDDHISM	
Q1019 Do you belong to a <u>religious</u> <u>denomination</u> ?	3			
	3 4	CHINESE TRADITIONAL RELIGION CHRISTIANITY (INCLUDING ROMAN CATHOL	ıc	
	INTERVIEWER: allow the respondent to		PROTESTANT, ORTHODOX, OTHER)	.IC,
	reply without reading categories. Clarify as needed.	5	HINDUISM	
		6	ISLAM	
		7	JAINISM	
		8	JUDAISM	
		9	PRIMAL INDIGENOUS (INCLUDING AFRICAN TRADITIONAL AND DIASPORIC)	
		10	SIKHISM	
		87	OTHER, SPECIFY:	
		97	Refused	
Q1020	Have you always lived in this	1	YES→	Q1025
Q1020	village/town/city?	2	No	
Q1021	How long have you been living (continuously) in this area?  INTERVIEWER: IF LESS THAN 1 YEAR, ENTER "00".	-8	YEARS DON'T KNOW	
01022	Whore were you living before?	1	In a different household in same community/locality/neighborhood	
Q1022	Where were you living before?	2	In another city in this state/province	
		3	In another rural area in this state/province	
		4	In another city outside this state/province but	t in country
		5	In another rural area in this state but in coun	try
		6	Outside the country	

Q1023 Where have you lived for most of your	1	ÎN A DIFFERENT HOUSEHOLD IN SAME COMMUNITY/LOCALITY/NEIGHBORHOOD	
	adult life (18+ years)?	2	IN ANOTHER CITY IN THIS STATE/PROVINCE
		3	IN ANOTHER RURAL AREA IN THIS STATE/PROVINCE
		4	IN ANOTHER CITY OUTSIDE THIS STATE/PROVINCE BUT IN COUNTRY
		5	IN ANOTHER RURAL AREA IN THIS STATE BUT IN COUNTRY
		6	OUTSIDE THE COUNTRY
Q1024	Where did you live for most of your	1	ÎN A DIFFERENT HOUSEHOLD IN SAME COMMUNITY/LOCALITY/NEIGHBORHOOD
childhood (before age 10 years)?	2	IN ANOTHER CITY IN THIS STATE/PROVINCE	
		3	IN ANOTHER RURAL AREA IN THIS STATE/PROVINCE
		4	IN ANOTHER CITY OUTSIDE THIS STATE/PROVINCE BUT IN COUNTRY
		5	IN ANOTHER RURAL AREA IN THIS STATE BUT IN COUNTRY
		6	OUTSIDE THE COUNTRY

Before we move onto the next section, I would like to ask you a few questions about your [biological] parents. I would like to know about their level of education and main occupation.

Let's start with your mother.

Q1025	Was your mother ever employed?	1 2	YES NO→	Q1028
Q1026	Who is/was your mother's main employer over her working life?	1 2 3 4	Public sector (Government) Private Sector (For profit or not for profit) Self-employed Informal employment	
Q1027	What is/was her main occupation? INTERVIEWER: write exactly what the respondent says - clarify if you do not understand - write clearly in capital letters			
Q1028	What is the <u>highest level</u> of education that she <u>completed</u> ?	0 1 2 3 4 5	NO FORMAL EDUCATION  LESS THAN PRIMARY SCHOOL  PRIMARY SCHOOL COMPLETED  SECONDARY SCHOOL COMPLETED  HIGH SCHOOL( OR EQUIVALENT)  COMPLETED  COLLEGE/PRE-UNIVERSITY/UNIVERSITY  COMPLETED  POST GRADUATE DEGREE COMPLETED  DON'T KNOW	

Now if you would please tell me about your father.

Q1029	Was your father ever employed?	1 2	YES No→	Q1032
Q1030	Who is/was your father's main employer over his working life?	1 2 3 4	Public sector (Government) Private Sector (For profit or Not for profit) Self-employed Informal employment	
Q1031	What is/was his main occupation?  INTERVIEWER: write exactly what the respondent says - clarify if you do not understand - write clearly in capital letters			
Q1032	What is the <u>highest level</u> of education that he <u>completed</u> ?	0 1 2 3 4 5 6 -8	No Formal Education LESS THAN PRIMARY SCHOOL PRIMARY SCHOOL COMPLETED SECONDARY SCHOOL COMPLETED HIGH SCHOOL( OR EQUIVALENT) COMPLETED COLLEGE/PRE-UNIVERSITY COMPLETED POST GRADUATE DEGREE COMPLETED DON'T KNOW	

Thank you, that ends this section – we will return to questions about you in the next section.
Time End

### Section 1500: Work History and Benefits

Time Beg	in .		
I will ask	some questions about the type and amount	y work you may be doing now or have done ir of your current or past work, benefits, if any, y e reasons for why you may not be working cur	ou may
Q1501	As you know, some people take jobs for which the in cash or kind. Other people sell things, have a business, or work on the family farm or family but you ever in your life done any of these things or work (not including housework)?	ı small 1 YES→	Q1502
	Q1501a. What is the main reason that you have never worked?	1 HOMEMAKER / CARING FOR FAMILY 2 COULD NOT FIND A JOB 3 DO VOLUNTARY WORK 4 IN STUDIES / TRAINING 5 HEALTH PROBLEMS/DISABLED 6 HAVE TO TAKE CARE OF FAMILY MEMBER 7 DO NOT HAVE THE ECONOMIC NEED 8 PARENTS / SPOUSE DID NOT LET ME 87 OTHER, SPECIFY:	Q2000
Q1502	At what age did you start working for pay?	YEARS OF AGE	Q1503
	Q1502a. How many years ago did you start working?	YEARS AGO	
Q1503	Have you worked for at least 2 days during the last 7 days?	1 YES→ 2 No	Q1508
Q1504	What is the main reason you are not currently working?  INTERVIEWER: Only one answer allowed	1 HOMEMAKER / CARING FOR FAMILY 2 CANNOT FIND A JOB 3 DO VOLUNTARY WORK (NOT PAID OR SUBSISTENCE WORK) 4 IN STUDIES / TRAINING 5 HEALTH PROBLEMS/DISABLED 6 HAVE TO TAKE CARE OF FAMILY MEMBER 7 DO NOT HAVE THE ECONOMIC NEED 8 MY FAMILY/SPOUSE DOESN'T WANT ME TO WORK 9 RETIRED / TOO OLD TO WORK 10 LAID OFF / MADE REDUNDANT 11 SEASONAL WORK 12 VACATION / SICK LEAVE / VOLUNTARY AND TEMPORARY TIME OFF	Q1508
Q1505	At what age did you stop working?	YEARS OF AGE	Q1506

	Q1505a. (only if Q1505 is Don't Know)		
	How many years ago did you stop working?	YEARS AGO	
Q1506	Are you actively looking for work at this time?	1 YES 2 No→	Q1508
Q1507	What is the <u>main reason</u> that you would you like to work at present?	1 NEED THE INCOME 2 WANT TO/NEED TO BE ACTIVE	
	INTERVIEWER: Only one answer allowed - read categories if needed.	3 WANT TO FEEL USEFUL 4 HELP MY FAMILY 87 OTHER, SPECIFY:	
	I ask you some questions about your current work about your current work, or if you are not working c		e questions
Q1508	Are/were you paid in cash or kind for your work or are/were you not paid at all?	1 Cash Only 2 In Kind Only 3 Cash and Kind 4 Not Paid	
Q1509	Who is/was your employer in your current/most recent MAIN job?	Public Sector (Government)     Private Sector (For profit and Not for profit)     Self-employed	र
Q1510	In the last 12 months, for your main job, what has been your main occupation?  INTERVIEWER: Write exactly what the respondent says - write clearly in capital letters.	4 Informal employment	
Q1511	Do/did you usually work throughout the year, or do/did you work seasonally, or only once in a while for your main job?	<ol> <li>WORK THROUGHOUT THE YEAR</li> <li>SEASONALLY/PART OF THE YEAR</li> <li>ONCE IN A WHILE</li> </ol>	
Q1512	On average, how many days a week do/did you work in your main job?	DAYS	
Q1513	On average, how many hours a day do/did you work in your main job?	Hours	
Q1514	In this main job, do/did you receive any of the	a. Retirement or pension 1 YES 2 No	
	following benefits in addition to your payment in cash or in kind?	b. Medical services/health 1 YES 2 No	
		c. Food or provisions 1 YES 2 No	
		d. Cash bonuses 1 YES 2 No	
		e. No benefits  1 YES 2 No	
		f. Other, specify:  1 YES 2 No	
Q1515	Have you worked at more than one job over the last 12 months?	1 YES 2 No	

Q1515	Have you worked a last 12 months?
Time End	

Section 2000: Health State Descriptions	
Time Begin	

Now we will switch to questions specifically about your health. The first questions are about your overall health, including both your physical and your mental health. By difficulty in the second question, I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity.

		1	Very good
		2	Good
Q2000	In general, how would you <u>rate your health</u> today?	3	Moderate
	today:	4	Bad
		5	Very bad
		1	None
		2	Mild
Q2001	Overall in the last 30 days, how much difficulty did you have with work or household activities?	3	Moderate
	and you have with work of household delivities:	4	Severe
		5	Extreme/cannot do

Now I would like to review the different functions of your body. When answering these questions, I would like you to think about the last 30 days, taking both good and bad days into account. When I ask about difficulty, I would like you to consider how much difficulty you have had, on average, in the last 30 days, while doing the activity in the way that you usually do it. Let me remind you, by difficulty I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity.

INTERVIEWER: Read and show scale to respondent.

#### MOBILITY

	Overall in the last 30 days, how much difficulty did you have	None	MILD	Moderate	SEVERE	EXTREME / CANNOT DO
Q2002	with moving around?	1	2	3	4	5
Q2003	in vigorous activities ('vigorous activities' require hard physical effort and cause large increases in breathing or heart rate)?	1	2	3	4	5

INTERVIEWER: Use Showcard if needed for mobility.

#### SELF-CARE

	Overall in the last 30 days, how much difficulty did you have	None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2004	with <u>self-care</u> , such as bathing/washing or dressing yourself?	1	2	3	4	5
Q2005	in taking care of and maintaining your general appearance (for example, grooming, looking neat and tidy)?	1	2	3	4	5
Q2006	in <u>staying by yourself</u> for a few days (3 to 7 days)?	1	2	3	4	5

#### PAIN AND DISCOMFORT

	Overall in the last 30 days,	None	MILD	Moderate	SEVERE	EXTREME / CANNOT DO
Q2007	how much of <u>bodily aches or pains</u> did you have?	1	2	3	4	5
Q2008	how much bodily discomfort did you have?	1	2	3	4	5
If Q20	07 and Q2008 are both = 1, "None"				→	Q2010
Q2009	how much <u>difficulty</u> did you have in your daily life because of your <u>pain</u> ?	1	2	3	4	5

#### **COGNITION**

	Overall in the last 30 days, how much difficulty	None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2010	did you have with <u>concentrating or</u> remembering things?	1	2	3	4	5
Q2011	did you have in <u>learning a new task</u> (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

#### **INTERPERSONAL ACTIVITIES**

	Overall in the last 30 days, how much difficulty did you have,	None	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q2012	with <u>personal relationships or participation</u> in the community?	1	2	3	4	5
Q2013	in <u>dealing with conflicts and tensions</u> with others?	1	2	3	4	5
Q2014	with making new friendships or maintaining current friendships?	1	2	3	4	5
Q2015	with dealing with strangers?	1	2	3	4	5

#### SLEEP AND ENERGY

	Overall in the last 30 days, how much of a problem did you	None	MILD	Moderate	SEVERE	EXTREME / CANNOT DO
Q2016	have with sleeping, such as falling asleep, waking up frequently during the night or waking up too early in the morning?	1	2	3	4	5
Q2017	have due to not feeling rested and refreshed during the day (for example, feeling tired, not having energy)?	1	2	3	4	5

#### **AFFECT**

	Overall in the last 30 days, how much of a problem did you have	None	MILD	Moderate	SEVERE	EXTREME / CANNOT DO
Q2018	with feeling sad, low or depressed?	1	2	3	4	5
Q2019	with worry or anxiety?	1	2	3	4	5

VISION (respondent should answer, as when wearing glasses/contact lenses if used)

Q2020	When was the last time you had your eyes examined by a medical professional?		YEARS AGO
	INTERVIEWER: ENTER YEARS OR MONTHS AGO.	-8	Don't know
	ENTER "00" IF LESS THAN 1 YEAR.	98	Never
Q2021	Do you use eyeglasses or contact lenses to	1	YES
Q2021	see far away (for example, across the street)?	2	No
00000	Do you use eyeglasses or contact lenses to	1	YES
Q2022	see <u>up close</u> (for example at arms length, like when you are reading)?	2	No
		1	None
Q2023	In the last 30 days, how much difficulty did	2	MILD
	you have in seeing and recognising an object	3	Moderate
	or a person you know <u>across the road</u> (from a distance of about 20 meters)?	4	Severe
	a alouation of about 20 motoroj.	5	EXTREME / CANNOT DO
		1	None
Q2024	In the last 30 days, how much difficulty did	2	MILD
	you have in seeing and recognising an object	3	Moderate
	at arm's length (for example, reading)?	4	Severe
		5	EXTREME / CANNOT DO

#### **FUNCTIONING ASSESSMENT**

These next questions ask about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.

Think back over the <u>last 30 days</u> and answer these questions thinking about how much difficulty you had doing the following activities. Some of these questions may seem repetitive, but we do need your attention and it is important to give us answers to each question.

INTERVIEWER: For each question, please circle only one response. 'N/A' means 'not applicable'.

	In the last 30 days, how much difficulty did you have	None	Mild	Moderate	Severe	Extreme/ cannot do	N/A
Q2025	in sitting for long periods?	1	2	3	4	5	98
Q2026	in walking 100 meters?	1	2	3	4	5	98
Q2027	in standing up from sitting down?	1	2	3	4	5	98
Q2028	in standing for long periods?	1	2	3	4	5	98
Q2029	with climbing one flight of stairs without resting?	1	2	3	4	5	98
Q2030	with stooping, kneeling or crouching?	1	2	3	4	5	98
Q2031	picking up things with your fingers (such as picking up a coin from a table)?	1	2	3	4	5	98
Q2032	in taking care of your household responsibilities?	1	2	3	4	5	98

	In the last 30 days, how much difficulty did you have	None	MILD	Moderate	SEVERE	EXTREME/ CANNOT DO	N/A
Q2033	in joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?	1	2	3	4	5	98
Q2034	in extending your arms above shoulder level?	1	2	3	4	5	98
Q2035	concentrating on doing something for 10 minutes?	1	2	3	4	5	98
Q2036	in walking a long distance such as a kilometer?	1	2	3	4	5	98
Q2037	in bathing/washing your whole body?	1	2	3	4	5	98
Q2038	in getting dressed?	1	2	3	4	5	98
Q2039	in your day to day work?	1	2	3	4	5	98
Q2040	with carrying things?	1	2	3	4	5	98
Q2041	with moving around inside your home (such as walking across a room)?	1	2	3	4	5	98
Q2042	with eating (including cutting up your food)?	1	2	3	4	5	98
Q2043	with getting up from lying down?	1	2	3	4	5	98
Q2044	with getting to and using the toilet?	1	2	3	4	5	98
Q2045	with getting where you want to go, using private or public transport if needed?	1	2	3	4	5	98
Q2046	getting out of your home?	1	2	3	4	5	98
Q2047	In the last 30 days, how much have you been emotionally affected by your health condition(s)?	1	2	3	4	5	98
Q2048	Overall, how much did these difficulties interfere with your life?	1	2	3	4	5	98

Q2049	Besides any vision aids (eyeglasses or contact lenses) or hearing aids mentioned above, do you use any other assistive devices (cane,	1	YES
	walker or other) for any difficulties you experience?	2	No

#### **VIGNETTES FOR HEALTH STATE DESCRIPTIONS**

This next section will require additional concentration. I will read to you some stories about people with varying levels of difficulties in different areas of health. I want you to think about these people's experiences as if they were your own. Once I have finished reading each story, I will ask you to rate what happened in the story.

I would like to know how <u>you view</u> each story and rate <u>how much of a problem or difficulty</u> the person described has in that area of health in the <u>same way that you described your own health to me earlier</u>. While giving the rating, think of the person in the story as someone who is of your age and background.

Set A	Affect and Mobility					
	able to walk distances of up to 200 metres wit					
kilometre	or climbing up more than one flight of stairs. H	e has no p	oroblems	with day-to-d	lay physic	al activities,
such as o	carrying food from the market.					
	Overall in the last 30 days, how much					Extreme/
	difficulty did	None	Mild	Moderate	Severe	Cannot do
Q2101	[Yusuf] have with moving around?	1	2	3	4	5
	[Yusuf] have in vigorous activities					
00400	('vigorous activities' require hard physical	4	•	•	4	_
Q2102	effort and cause large increases in	1	2	3	4	5
	breathing or heart rate)?					
	,					
[Lucas] fe	eels nervous and anxious. He worries and think	s negative	elv about	the future. bu	it feels bet	tter in the
	of people or when doing something that really					
	and empty.					
4.00.000	Overall in the last 30 days, how much of a					Extreme/
	problem did	None	Mild	Moderate	Severe	Cannot do
	[Lucas] have with feeling sad, low, or					
Q2103	depressed?	1	2	3	4	5
Q2104	[Lucas] have with worry or anxiety?	1	2	3	4	5
Q2104	[Lucas] have with worry or anxiety?	1	2	3	4	5
		·	-		•	
[Gabriel]	has a lot of swelling in his legs due to his healt	·	-		•	
[Gabriel]	has a lot of swelling in his legs due to his healt as his legs feel heavy.	·	-		•	alk around
[Gabriel]	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much	h condition	n. He has	to make an e	effort to wa	alk around  Extreme/
[Gabriel] his home	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did	h condition	n. He has	to make an e	effort to wa	alk around  Extreme/ Cannot do
[Gabriel] his home	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around?	h condition None	n. He has  Mild  2	to make an e	effort to was Severe 4	alk around  Extreme/ Cannot do  5
[Gabriel] his home	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did	h condition	n. He has	to make an e	effort to wa	alk around  Extreme/ Cannot do
[Gabriel] his home	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around?	h condition None	n. He has  Mild  2	to make an e	effort to was Severe 4	alk around  Extreme/ Cannot do  5
[Gabriel] his home Q2105 Q2106	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?	None	Mild 2	Moderate 3 3	Severe 4 4	Extreme/ Cannot do 5 5
[Gabriel] his home Q2105 Q2106 [Jane] en	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?	None 1 1 ally satisfi	Mild 2 2 ed with h	Moderate 3 3 er life. She ge	Severe 4 4 ets depres	Extreme/ Cannot do 5 5 ssed every
[Gabriel] his home Q2105 Q2106 [Jane] en	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she	None 1 1 ally satisfi	Mild 2 2 ed with h	Moderate 3 3 er life. She ge	Severe 4 4 ets depres	Extreme/ Cannot do 5 5 ssed every
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she ities.	None 1 1 ally satisfi	Mild 2 2 ed with h	Moderate 3 3 er life. She ge	Severe 4 4 ets depres	Extreme/ Cannot do 5 5 ssed every
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she	None 1 1 ally satisfi	Mild 2 2 ed with h	Moderate 3 3 er life. She ge	Severe 4 4 ets depres	Extreme/ Cannot do 5 5 ssed every
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks day activity	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she ities.  Overall in the last 30 days, how much of a problem did	None 1 1 ally satisfiusually en	Mild 2 2 ed with he joys but is	Moderate 3 3 er life. She ges able to carr	Severe 4 4 ets depres y on with I	Extreme/ Cannot do 5 5 5 ssed every her day to  Extreme/ Cannot do
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  ijoys her work and social activities and is gener for a day or two and loses interest in what she ities.  Overall in the last 30 days, how much of a	None 1 1 ally satisfiusually en	Mild 2 2 2 ed with h	Moderate 3 3 er life. She ges able to carr	Severe 4 4 ets depres	Extreme/ Cannot do 5 5 5 ssed every her day to  Extreme/
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks day activity	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she ities.  Overall in the last 30 days, how much of a problem did [Jane] have with feeling sad, low, or depressed?	None 1 1 ally satisfiusually en	Mild 2 2 ed with he joys but is	Moderate 3 3 er life. She ges able to carr	Severe 4 4 ets depres y on with I	Extreme/ Cannot do 5 5 5 ssed every her day to  Extreme/ Cannot do  5
[Gabriel] his home Q2105 Q2106 [Jane] en 3 weeks day activity	has a lot of swelling in his legs due to his healt as his legs feel heavy.  Overall in the last 30 days, how much difficulty did [Gabriel] have with moving around? [Gabriel] have in vigorous activities?  joys her work and social activities and is gener for a day or two and loses interest in what she ities.  Overall in the last 30 days, how much of a problem did [Jane] have with feeling sad, low, or	None 1 1 ally satisfiusually en	Mild 2 2 ed with he joys but is Mild 2	Moderate 3 3 er life. She ges able to carr  Moderate 3	Severe 4 4 ets depres y on with I	Extreme/ Cannot do 5 5 seed every her day to  Extreme/ Cannot do

	et] does not exercise. She cannot climb stairs of			activities beca	ause she i	s obese.	
She is at	ple to carry the groceries and do some light hou	usehold wo	ork.				
	Overall in the last 30 days, how much of a				•	Extreme/	
	problem did	None	Mild	Moderate	Severe	Cannot do	
Q2109	[Margaret] have with moving around?	1	2	3	4	5	
Q2110	[Margaret] have in vigorous activities?	11	2	3	4	5	
[Susan] f	[Susan] feels depressed most of the time. She weeps frequently and feels hopeless about the future. She						
	t she has become a burden on others and that						
	Overall in the last 30 days, how much of a					Extreme/	
	problem did	None	Mild	Moderate	Severe	Cannot do	
	[Susan] have with feeling sad, low, or	1					
Q2111	depressed?	1	2	3	4	5	
Q2112	[Susan] have with worry or anxiety?	1	2	3	4	5	
[Marv] ha	as no problems with walking, running or using h	ner hands.	arms and	leas. She in	as 4 kilom	netres twice	
a week.		,			<b>3</b>		
	Overall in the last 30 days, how much					Extreme/	
	difficulty did	None	Mild	Moderate	Severe	Cannot do	
Q2113	[Mary] have with moving around?	1	2	3	4	5	
Q2114	[Mary] have in vigorous activities?	1	2	3	4	5	
				-		-	
	s paralyzed from the neck down. He is unable to	o move his	arms an	d legs or to s	hift body		
	Overall in the last 30 days, how much	Nicon	N 421 - 1		0	Extreme/	
00445	difficulty did	None	Mild	Moderate	Severe	Cannot do	
Q2115	[Abdul] have with moving around?	11	2	3	4	5	
Q2116	[Abdul] have in vigorous activities?	1	2	3	4	5	
1000000	I love life and is honoved the time. He never			4 0 0 0 1 1 0 0 1 1	مامم مماء	المام يا المام	
	<ul> <li>loves life and is happy all the time. He never vertex</li> <li>they come.</li> </ul>	wornes or	gets upse	et about arrytr	iing and c	leais with	
umiys as	Overall in the last 30 days, how much of a					Extreme/	
	problem did	None	Mild	Moderate	Severe	Cannot do	
	[Samson] have with feeling sad, low, or	None	IVIIIU	Moderate	Ocvere	Carriot do	
Q2117	depressed?	1	2	3	4	5	
Q2118	[Samson] have with worry or anxiety?	1	2	3	4	5	
QZIIO	[Gamoon] have with wony or anxiety:						
	tica] has already had five admissions into the h						
tne past	year and has harmed herself on three other oc	casions. S	ne is very	/ distressed e	every day	for the most	
part of th	e day, and sees no hope of things ever getting	Detter. Sh	e is think	ing of trying t	o ena ner		
	Overall in the last 30 days, how much of a	None	N /1:1 -1	Madarata	Courses	Extreme/	
	problem did	None	Mild	Moderate	Severe	Cannot do	
Q2119	[Scholastica] have with <u>feeling sad, low,</u> or depressed?	1	2	3	4	5	
	i oi deblessed?						
Q2120	[Scholastica] have with worry or anxiety?	1	2	3	4	5	

		-		
Time End				

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## Section 2500: Anthropometrics, Performance Tests and Biomarkers

Bioinal Rei S	
Time Begin	
Before we ask you more questions, this time about your own health and well-being, we would like t measure a few things, like your blood pressure, your weight and height. We'll also ask you to participate i a few tests to determine your health status.	
Blood Pressure	
First I would like to measure your blood pressure and pulse rate. Stay seated, and once I put this on your wrist keep it steady and at the level of your heart. We will need to take the blood pressure reading three times. It will squeeze your wrist a bit, but won't hurt. Relax.	
INTERVIEWER: respondent should remain seated. Demonstrate to the respondent how to hold their arm while the machine is measuring. Place the monitoring device on the wrist and have the respondent hold it at heart level against his/her chest. When the device is in the correct position and respondent is relaxed, press the blue button to start. Check to make sure it is working. Collect the blood pressure and pulse 3 times with one minute between each measurement. You do not need to remove the device between measurements.	
Q2501 Time 1 Systolic	
Diastolic Diasto	
Q2501a Time 1 Pulse rate / minute	
INTERVIEWER: Ask the respondent to release the arm and relax. Wait for one minute before time 2. Do not ask the respondent questions. Use this time for quality control checks.	
Okay, now we can get your second measurement for your blood pressure.	
Q2502 Time 2 Systolic	
Diastolic Diasto	
Q2502a Time 2 Pulse rate / minute	
INTERVIEWER: Again, remind the respondent to relax. Meanwhile, when waiting to take the third measurement, you can locate and measure out a 4 metre length to prepare for the vision test and timed walk.	
Okay, now we can get your third measurement for your blood pressure.	
Q2503 Time 3 Systolic	
Diastolic Diasto	
Q2503a Time 3 Pulse rate / minute	
Notes:	

	INTERVIEWER: For the following questions about height respondent's best estimate or guess.	and weight, probe if needed to get the					
	Now that we have your blood pressure measured, can you please tell us:						
Q2504	What is your height in centimeters?	centimetres					
Q2505	What is your weight in kilograms?	kilograms					
FILTER1	INTERVIEWER: Can respondent stand up, yes or no?	1 YES 2 No → Q2514					
ANTHROP	POMETRIC MEASUREMENTS						
shoes. F	ow like to measure how tall you are. To measure you Put your feet and heels close together, stand straight a I heels touching the wall. Look straight ahead.						
Q2506	Measured height in centimetres	centimetres  997 Refused  998 Not able					
	want to measure your weight - could you please keep measure your waist and hips using a tape measure.	your shoes off and step on this scale. We					
Q2507	Measured weight In kilograms	kilograms 997 Refused 998 Not able					
Q2508	Waist circumference INTERVIEWER: identify the top of the hip bone - and make sure the tape measure is parallel to the floor all the way around the body	centimetres  997 Refused  998 Not able					
Q2509	Hip circumference INTERVIEWER: measure at the midpoint of the hips - and make sure the tape measure is parallel to the floor all the way around the body	centimetres  997 Refused  998 Not able					
Now you	can put your shoes back on, if you wish, and we can	continue.					
Notes:							
1							

#### TIMED WALK

INTERVIEWER: you will now invite the respondent to do a walking test - using your flexible steel tape measure, mark out length of 4 metres over a flat and straight surface if you have not already done so. Mark the ground at the beginning and end. Mark sure the surface is flat and free of obstacles. You will walk slightly behind the person for both tests.

#### **Normal walk**

Ready begin.

Now I am going to observe how you normally walk. If you use a cane or other walking aid and would be more comfortable with it, then you may use it. This is the walking course. I want you to walk to the other end of the course at your usual speed, just as if you were walking down the street to go to the store. Walk all the way past the other end of the tape before you stop. I will walk with you.

#### INTERVIEWER: DEMONSTRATE.

Do you feel this would be safe? *If yes, continue.* When I want you to start, I will say: "Ready, begin."

Q2510	Did respondent complete the walk at usual pace?	1 2 3	YES NO, REFUSED NO, CANNOT WALK, EVEN WITH SUPPORT → Q2514
Q2511	Time at 4 metres		SECONDS
	valk vant to repeat the walk. This time, however, I would an, and go all the way past the other end of the course		
INTERV	IEWER: DEMONSTRATE.		
When I v	want you to start, I will say: "Ready, begin."		
"Ready l	begin."		
Q2512	Did respondent complete the walk at rapid pace?	1 2	YES No, REFUSED/UNABLE→ Q2514
Q2513	Time at 4 metres		SECONDS

#### **VISION TEST**

We are now going to test your distance vision and near vision.

INTERVIEWER: Invite the respondent to sit again - in a chair positioned so that the respondent's head will be 4 meters from the eye chart. Make sure the person does not lean in closer to the chart during the test.

To measure acuity in the left eye, the right eye is covered with right palm or an eye patch and the subject is asked to respond to each "E" in a row slowly, letter by letter, with your guidance. Only one reading of a given "E" is allowed. When the subject has difficulty, he or she is encouraged to guess. Responses can be verbal (Up, Down, Left, Right) or the respondent can indicate with a finger like in the training video.

The right eye can then be tested in the same way. Visual acuity in each eye can be recorded as explained in the Interviewers Manual.

#### DISTANCE VISION

INTERVIEWER: Start with the distance vision chart - using the 4 metres measured out for the timed walk. If the respondent makes 2 errors or more in one row, their result is read as the previous row. You will select and record the result from the column labeled "DECIMAL" on the left side of the chart.

	start with your distance vision - and with your left eye. your right hand. Please read	. Would you please cover your right eye with the
Q2514	Distance Vision - Left Eye	
Now cov	ver your left eye with left hand so we can test your right	eye.
Q2515	Distance Vision - Right Eye	
NEAR VI	SION	
forefinge	IEWER: Have the person place the end of the color or and middle finger. Then place the palm over the eyo chart. Responses will be verbal (Up, Down, Left, Righ	e with the same hand. The free hand is used to
	ow we would like to test your near vision - starting again right hand. Indicate if the "E" is facing Up, Down, Lef	
Q2516	Near Vision - Left Eye	
Now cov Please r	ver your left eye with left hand so we can test your right	eye.
Q2517	Near Vision - Right Eye	

#### **GRIP STRENGTH**

FILTER: If respondent has obvious problem with hand/arm, skip that side. If problems with both hands/arms, answer 1=yes to Q2518 and Q2519, then → skip to Q2525. Make sure you fit the dynamometer to the respondent's hand size.

We are now going to test the strength in your hands.

	Have you had any surgery on your left arm, hand or	1	YES → DO NOT TEST LEFT HAND
Q2518	wrist in the last 3 months OR arthritis or pain in your	2	No
	left hand or wrist?		
	Have you had any surgery on your right arm, hand	1	YES → DO NOT TEST RIGHT HAND
Q2519	or wrist in the last 3 months OR arthritis or pain in	2	No
	your right hand or wrist?		
	Which hand do you consider your dominant hand?	1	LEFT
Q2520	Dominant Hand - Check one answer. If a	2	RIGHT
	respondent is ambidextrous, the hand that is used	3	USE BOTH THE SAME
	for signing/writing is considered the dominant hand.		

Remain sitting and let your hand drop to your side. Keep your upper arm against your body and bend your elbow to 90 degrees with palm facing in (like shaking hands). Keep your elbow pressed against your side. INTERVIEWER: DEMONSTRATE.

Then grab the two pieces of metal together like this.

INTERVIEWER: DEMONSTRATE.

I will ask you to do this two times in each hand. Let's start with your left hand, please take this in your left hand. If you feel any pain or discomfort, tell me and we will stop.

When I say "squeeze", squeeze as hard as you can.

INTERVIEWER: Check positioning and grip to make sure it is correct. When HE OR SHE BEGINS, SAY: SQUEEZE, SQUEEZE, SQUEEZE!

Ready?	Squeeze, squeeze!		
Q2521	First test left hand	KILOGRAMS -97 REFUSED→	Q2523
Q2522	Second test left hand	KILOGRAMS	

Okay, now let's do the same on the other side. Hold the device in your right hand, so we can test your strength on this side also.

INTERVIEWER: Check positioning and grip to make sure it is correct.

Ready?	Squeeze, squeeze!		
Q2523	First test right hand	☐☐ KILOGRAMS -97 REFUSED→	Q2525
Q2524	Second test right hand	KILOGRAMS	

#### **VERBAL RECALL**

We are now going to test your memory. I know these questions may be difficult to answer, but please try to provide an answer. I am going to read you a list of words. Listen to them carefully and try to remember as many of them as you can, not necessarily in order. I will ask you to repeat them again after some time.

INTERVIEWER: you can use the table below to assist you with scoring.

	LIST OF WORDS:	TRIAL 1	TRIAL 2	TRIAL 3
	Arm			
	Bed			
	Plane			
	Dog			
	Clock			
	Bike			
	Ear			
	Hammer			
	Chair			
	Cat			
	SUBSTITUTED WORDS:			
Q2525	Number of words recalled correctly Trial 1			
Q2526	Number of words that respondent failed to recall Trial 1			
Q2527	Number of words substituted Trial 1			
I will read	d the list to you again, and then again when I am	done, repeat the	em after me.	
Q2528	Number of words recalled correctly Trial 2			
Q2529	Number of words that respondent failed to recall Trial 2			
Q2530	Number of words substituted Trial 2			
One fina	time - I will read the list and when I am done, yo	ou repeat as mar	ny as you can rem	ember.
Q2531	Number of words recalled correctly Trial 3			
Q2532	Number of words that respondent failed to recall Trial 3			
Q2533	Number of words substituted Trial 3			

#### **DIGIT SPAN - DIGITS FORWARD**

INTERVIEWER: For the following tests, digits forward and backward, say the digits at the rate of one per second, not grouped. Let the pitch of your voice drop with the last digit of each series. In any series if the subject fails Trial 1 - give Trial 2 of the same series, then proceed to the next series if the respondent responds correctly. Trial 2 is only given if Trial 1 is failed.

I am going to say some numbers to you. Listen carefully, and when I am through, say them right after me. I want you to repeat each set of numbers exactly as I say them to you. For example, if I said "1-2", you would say...?

INTERVIEWER: Wait for correct response "1-2". If correct, start with Series 3. If response is incorrect, provide the correct response and attempt once more with another example. Okay, let's try another example, repeat after me, "5-3". If correct, continue. If not correct - mark "0" in Q2534 and → skip to Verbal Fluency (Q2536).

#### Okay, good. Let us start with the numbers.

INTERVIEWER: Stop when respondent fails both trials.

Series	Trial 1	Trial 1 Correct?	Trial 2	Trial 2 Correct?
3	5-8-2	Yes → Series 4 No → Trial 2	6-9-4	Yes → Series 4 No → End
4	6-4-3-9	Yes → Series 5 No → Trial 2	7-2-8-6	Yes → Series 5 No → End
5	4-2-7-3-1	YES → SERIES 6 NO → TRIAL 2	7-5-8-3-6	Yes → Series 6 No →End
6	6-1-9-4-7-3	YES → SERIES 7 NO → TRIAL 2	3-9-2-4-8-7	Yes → Series 7 No → End
7	5-9-1-7-4-2-8	YES → SERIES 8  NO → TRIAL 2	4-1-7-9-3-8-6	Yes → Series 8 No → End
8	5-8-1-9-2-6-4-7	Yes → Series 9 No → Trial 2	3-8-2-9-5-1-7-4	Yes → Series 9 No → End
9	2-7-5-8-6-2-5-8-4	YES → END NO → TRIAL 2	7-1-3-9-4-2-5-6-8	Yes → END No → END

Okay good. INTERVIEWER: mark the score in Q2534

	Total score (enter the series number in the longest series	
Q2534	repeated without error in Trial 1 or 2)	
	(Maximum = 9 points)	

#### **DIGIT SPAN - DIGITS BACKWARD**

Now, I am going to say more numbers, but this time when I stop, I want you to say them to me backwards. For example, if I said 1-7, what would you say?

INTERVIEWER: Wait for subject to say 7-1. If response is correct, start with Series 2. If respondent does not reply correctly or fails to understand, give the correct answer and another example, saying Remember, you are to say them backwards. Try this, "3-8". If response is correct, continue. If fails second example, mark "0" in Q2535 and skip to Verbal Fluency (Q2536).

#### Okay, lets start.

Series	Trial 1	Trial 1 Correct?	Trial 2	Trial 2 Correct?
2	2-4	Yes → Series 3 No → Trial 2	5-8	Yes → Series 3 No → End
3	6-2-9	Yes → Series 4 No → Trial 2	4-1-5	Yes → Series 4 No → End
4	3-2-7-9	Yes → Series 5 No → Trial 2	4-9-6-8	Yes → Series 5 No →End
5	1-5-2-8-6	Yes → Series 6 No → Trial 2	6-1-8-4-3	Yes → Series 6 No → End
6	5-3-9-4-1-8	Yes → Series 7 No → Trial 2	7-2-4-8-5-6	Yes → Series 7 No → End
7	8-1-2-9-3-6-5	Yes → Series 8 No → Trial 2	4-7-3-9-1-2-8	Yes → Series 8 No → End
8	9-4-3-7-6-2-5-8	YES → END NO → TRIAL 2	7-2-8-1-9-6-5-3	YES → END NO → END

Okay, good. INTERVIEWER: mark score in Q2535.

	Total score (enter the series number in the longest series	
Q2535	repeated without error in Trial 1 or 2)	
	(Maximum = 8 points)	

#### **VERBAL FLUENCY**

Now we are going to ask you to think of animals and name as many as you can. I am going to give you one minute and I want to see how many animals you can name.

INTERVIEWER: See Interviewers Manual instructions about what is acceptable and what is not. If respondent stops before the end of the minute, encourage them to try to name more animals. If there is a silence of about 15 seconds, prompt them to continue or repeat the basic instructions.

#### Ready? Start:

INTERVIEWER: Press START/STOP on stopwatch. Time for one minute. Use space below to record.

INTERV	INTERVIEWER: SAY "FINE" OR "GOOD" when completed the one minute.			
Q2536	Total score (number of animals named correctly)			
Q2537	Number of errors INTERVIEWER: errors include anything that is not an animal			

#### **LUNG FUNCTION**

INTERVIEWER: Make sure to show the respondent that you are using a clean mouthpiece on the spirometer before starting. Demonstrate how to do the lung function test.

Now we will do a test of your breathing to find out how well your lungs are functioning. We will use a device called a spirometer - this can show how much air you can breathe in and out. It also shows how fast you can breathe in and out. A good effort during the testing is important to get good results.

I will ask you to take in the deepest possible breath, then blowing out as hard and as fast as you can into the device. It is important that you continue blowing until you have no breath left in your lungs. Let me explain the steps before you attempt.

- 1. Take a deep breath fill your lungs and stomach.
- 2. Seal lips around the mouthpiece
- 3. Blow out hard and fast in one continuous blow, until there is nothing left to blow.

Okay, are you ready? Take a deep breath, seal your lips around the mouthpiece and BLOW, BLOW!

Q2538	FVC	
Q2539	FEV1	
Q2540	PEF	
Q2541	FEV1%	
Q2542	FEF25-75	
Q2543	FET	
Okay, re	turn to normal breathing, while	le I record the results.
I read your repeat to	me as many of them as you cal	Ites ago. I will NOT repeat this list to you now, but could you please n remember?  again to the respondent - the list below is for your own use.
	LIST OF WORDS:	
	ARM BIKE	
	BED EAR	
	LANE HAMMER DOG CHAIR	
	LOCK CAT	-
Q2544	Number of words recalled corr	rectly
Q2545	Number of words that respond	dent failed to recall
Q2546	Number of words substituted	
BLOOD T	ESTS	
		o give a blood sample. We will only prick your finger to get blood. If you ht and we will respect your decision and continue with the other parts of the
INTERVIE	EWER: go to the INFORMED CONS	SENT FORM FOR BLOOD SAMPLE
Q2547	INTERVIEWER: Indicate whether the respondent.	Respondent agrees to provide blood sample
Q2548	INTERVIEWER: circle one	Blood sample obtained     Blood sample NOT obtained
Time En	d	

### Section 3000: Risk Factors and Preventive Health Behaviours

Time Beç	gin		
health. T	d now like to ask you some questions about y his includes things like smoking, drinking alcoho our levels of physical activity. I will start with qu	ol, eating enough fruits and vegetables as	
Товассо	AND OTHER SMOKING (SEE APPENDIX A3000A)		
Q3001	Have you ever smoked tobacco or used smokeless tobacco?	1 YES 2 No→	Q3007
Q3002	Do you <u>currently use (smoke, sniff or chew)</u> any tobacco products such as cigarettes, cigars, pipes, chewing tobacco or snuff?	1 YES, DAILY 2 YES, BUT NOT DAILY→ 3 NO, NOT AT ALL→	Q3005 Q3005
Q3003	For how long have you been smoking or using tobacco daily?  INTERVIEWER: If less than one month – enter "00" for years and "00" for months.	YEARS MONTHS -8 DON'T KNOW	
Q3004	On average, <u>how many</u> of the following products do you smoke or use <u>each day</u> ?	Include number below:	
	Q3004a. Manufactured cigarettes		
	Q3004b. Hand-rolled cigarettes		
	Q3004c. Pipefuls of tobacco		
	Q3004d. Cigars, cheroots, cigarillos, bidis		
	Q3004e. Smokeless tobacco	GRAMS/DAY	
	Q3004f. Other, specify:		
Q3005	In the past, did you ever smoke tobacco or use smokeless tobacco daily?	1 Yes 2 No→	Q3007
Q3006	How old were you when you stopped smoking or using tobacco daily?	YEARS OF AGE→  -8 Don't Know→	Q3007 Q3006a

	Q3006a. How long ago did you stop smoking or using tobacco daily?	YEARS AGO MONTHS AGO	0
	INTERVIEWER: If less than one month – enter "00" for months.	-8 Don't Know	
ALCOHO	_ (show Alcohol card to respondent - see Appen	dix A3000B)	
Q3007	Have you ever consumed a drink that contains alcohol (such as beer, wine, spirits, etc.)?	1 Yes 2 No, Never→	Q3012
Q3008	Have you consumed alcohol in the last 30 days?	1 Yes 2 No→	Q3010
Q3009	During the past 7 days, how many drinks of any alcoholic beverage did you have each day?  USE SHOWCARD Appendix A3000B.	INTERVIEWER: Want respondent to tell y number of "standard" drinks. By standard dr to Appendix. Include number below	ink - refer
	Q3009a. Monday		
	Q3009b. Tuesday		
	Q3009c. Wednesday		
-	Q3009d. Thursday		
	Q3009e. Friday		
	Q3009f. Saturday		
	Q3009g. Sunday		
Q3010	In the <u>last 12 months</u> , how frequently [on how many days] on average have you had at least one alcoholic drink?	1 LESS THAN ONCE A MONTH 2 ONE TO THREE DAYS PER MONTH 3 ONE TO FOUR DAYS PER WEEK 4 FIVE OR MORE DAYS PER WEEK	
Q3011	In the <u>last 12 months</u> , on the <u>days you drank</u> alcoholic beverages, how many drinks did you have on average?	DRINKS 88 Don't know	
	have shown that nutrition and life-style are ve s about your diet. I am going to ask you about th		k you a fe
(Show Nu	utrition card to respondent see Appendix A3000C)		
Q3012	How many servings of <u>fruit</u> do you eat on a typical day?	SERVINGS 88 DON'T KNOW	

Q3013	How many servings of <u>vegetables</u> do you eat on a typical day?	SERVINGS 88 DON'T KNOW
		1 Every month
	In the <u>last 12 months</u> , how often did you ever eat less than you felt you should because there wasn't enough food?	2 Almost every month
Q3014		3 Some months, but not every month
		4 Only in 1 or 2 months
		5 Never
		1 Every month
	In the last 12 months, were you ever hungry, but didn't eat because you couldn't afford enough	2 Almost every month
Q3015		3 Some months, but not every month
	food?	4 Only in 1 or 2 months
		5 Never

#### PHYSICAL ACTIVITY - (SEE APPENDIX A3000D)

Next I am going to ask you about the time you spend doing different types of physical activity in a typical week. Please answer these questions even if you do not consider yourself to be an active person. Think first about the time you spend doing work. Think of work as the things that you have to do such as paid or unpaid work, household chores, harvesting food/crops, fishing or hunting for food, providing care or seeking employment.

In answering the following questions 'vigorous activities' require hard physical effort and cause large increases in breathing or heart rate, 'moderate activities' require moderate physical effort and cause small increases in breathing or heart rate.

Q3016	Does your work involve <u>vigorous-intensity</u> activity that causes large increases in breathing or heart rate, [like heavy lifting, digging or chopping wood] for at least 10 minutes continuously?  INSERT EXAMPLES & USE SHOWCARD	1 YES 2 No→	Q3019
Q3017	In a typical week, on how many days do you do vigorous-intensity activities as part of your work?	DAYS	
Q3018	How much time do you spend doing <u>vigorous-intensity</u> activities at work on a typical day?	Hours:Minutes	
Q3019	Does your work involve moderate-intensity activity that causes small increases in breathing or heart rate [such as brisk walking, carrying light loads, cleaning, cooking, or washing clothes] for at least 10 minutes continuously?  INSERT EXAMPLES & USE SHOWCARD	1 Yes 2 No→	Q3022
Q3020	In a typical week, on how many days do you do moderate-intensity activities as part of your work?	DAYS	
Q3021	How much time do you spend doing moderate- intensity activities at work on a typical day?	Hours:Minutes	
Now I w	xt questions exclude the physical activities at work to vould like to ask you about the usual way you travel	to and from places. For example, gettin	g to

Q3022	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places?	1 YES 2 No→	Q3025
Q3023	In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places?	DAYS	
Q3024	How much time would you spend walking or bicycling for travel on a typical day?	Hours:Minutes	
	ct questions exclude the work and transport activities sk you about sports, fitness, leisure and recreationa		w I would
Q3025	Do you do any <u>vigorous intensity sports</u> , fitness or <u>recreational (leisure) activities</u> that cause large increases in breathing or heart rate [like running or football], for at least 10 minutes continuously? INSERT EXAMPLES & USE SHOWCARD	1 YES 2 No→	Q3028
Q3026	In a typical week, on how many days do you do vigorous intensity sports, fitness or recreational (leisure) activities?	DAYS	
Q3027	How much time do you spend doing <u>vigorous</u> intensity sports, fitness or recreational activities on a typical day?	Hours:Minutes	
Q3028	Do you do any moderate-intensity sports, fitness or recreational (leisure) activities that causes a small increase in breathing or heart rate [such as brisk walking, cycling or swimming] for at least 10 minutes at a time?  INSERT EXAMPLES & USE SHOWCARD	1 YES 2 No→	Q3031
Q3029	In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational (leisure) activities?	DAYS	•
Q3030	How much time do you spend doing moderate intensity sports, fitness or recreational (leisure) activities on a typical day?	Hours:Minutes	
friends playing	owing question is about sitting or reclining at wor including time spent [sitting at a desk, sitting wincards or watching television], but do not include tim	th friends, travelling in car, bus, train,	
INSERT	EXAMPLES & USE SHOWCARD		
Q3031	How much time do you usually spend sitting or reclining on a typical day?		
		Hours:Minutes	
Time En			

### **Section 4000: Chronic Conditions and Health Services Coverage**

Time Beg	gin .			
	uld like to read you questions about some health pr ed, and the treatment or medical care that you may			ay have
ARTHRITIS	5			
Q4001	Have you ever been diagnosed with/told you have arthritis (a disease of the joints, or by other names	1	YES	
	rheumatism or osteoarthritis)?	2	No→	Q4003
	Have you been taking medications or other treatment	for it		

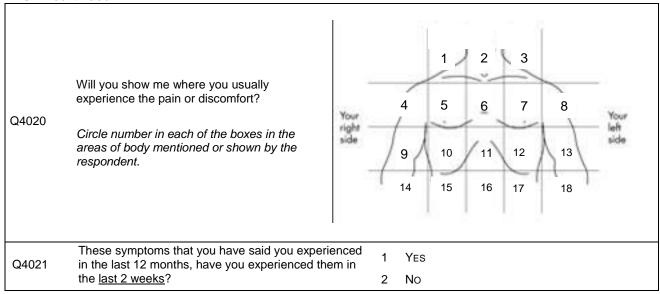
#### **STROKE**

Q4010	Have you ever been told by a health professional that	1	YES	
QTOTO	you have had a <u>stroke</u> ?	2	No→	Q4012
Q4011	Have you been taking any medications or other treatme	nt fo	r it	
	O4011a during the last 2 weeks2	1	YES	
	Q4011aduring the <u>last 2 weeks</u> ?	2	No	
	Q4011bduring the last 12 months?	1	YES	
		2	No	
0.4040	Have you ever suffered from <u>sudden onset</u> of paralysis or weakness in your arms or legs on <u>one side</u> of your body for more than 24 hours?	1	YES	
Q4012		2	No	
	Have you ever had, for more than 24 hours, <u>sudden</u>	4	Veo	
Q4013	onset of loss of feeling on one side of your body,	1	YES	
	without anything having happened to you immediately before?	2	No	

#### **ANGINA**

	Have you ever been diagnosed with angina or angina	1	YES	
Q4014	pectoris (a heart disease)?	2	No→	Q4016
Q4015	Have you been taking any medications or other treatme	nt fo	r it	
	O4045a during the last 2 weeks?	1	YES	
	Q4015aduring the last 2 weeks?	2	No	
	OADAEL during the lest 12 months?	1	YES	
	Q4015bduring the last 12 months?	2	No	
	During the last 12 months, have you experienced any	1	YES	
Q4016	pain or discomfort in your chest when you walk uphill or hurry?	2	No	
		3	Never walks uphill or hurries	
	During the <u>last 12 months</u> , have you experienced any pain or discomfort in your chest when you walk at an ordinary pace on level ground?	1	YES	
Q4017		2	No→	Q4022
		1	Stop or slow down	
Q4018	What do you do if you get the pain or discomfort when you are walking?	2	Carry on after taking a pain relieving medicine that dissolves in your	
	Read choices		mouth	
		3	Carry on walking	
Q4019	If you stand still, what happens to the pain or discomfort?	1	Relieved	
Q-1010	Read choices	2	Not relieved	

#### ANGINA continued...



#### **DIABETES**

Q4022	Have you ever been diagnosed with <u>diabetes</u> (high blood sugar)?  (Not including diabetes associated with a pregnancy)	1 2	YES No→	Q4025
Q4023	Have you been taking insulin or other blood sugar lowe	ing	medications	
	Q4023ain the last 2 weeks?	1	YES	
	Q4023aIII the last 2 weeks?	2	No	
	Q4023bin the last 12 months?	1	YES	
	Q4023bIII tile <u>last 12 montils</u> ?	2	No	
Q4024	Have you been following a special diet, exercise regime or weight control program for diabetes during the last 2 weeks?  (As recommended by health professional)	1 2	Yes No	

#### **CHRONIC LUNG DISEASE**

Q4025	Have you ever been diagnosed with chronic lung	1	YES	
	disease (emphysema, bronchitis, COPD)?	2	No	Q4027
Q4026	Have you been taking any medications or other treatme	nt (li	ke oxygen) for it	
	Q4026ain the <u>last 2 weeks</u> ?	1	YES	
	Q4020aIII tile last 2 weeks:	2	No	
	Q4026bin the last 12 months?	1	YES	
	Q40200III the last 12 months:	2	No	
Q4027	During the last 12 months, have you experienced any	1	YES	
Q4027	shortness of breath at rest? (while awake)	2	No	
Q4028	During the last 12 months, have you experienced any	1	YES	
Q4026	coughing or wheezing for ten minutes or more at a time?	2	No	
Q4029	During the last 12 months, have you experienced any	1	YES	
Q4029	coughing up sputum or phlegm for most days of the month for at least 3 months?	2	No	

#### CHRONIC LUNG DISEASE, continued...

Q4030	These symptoms that you said you experienced in the last 12 months, have you experienced them in the <u>last 2 weeks</u> ?	1 2	YES No	
Q4031	In the <u>last 12 months</u> , have you had a <u>tuberculosis</u> (TB) test? I mean, has a doctor examined your sputum (taken a sample of the substance spit out from a deep cough and sent it to a laboratory for analysis) or made an x-ray of your chest?	1 2	YES No→	Q4032c
Q4032	<b>Q4032a.</b> Have you been taking any medications or other treatment for it during the <u>last 2 weeks</u> ?	1 2	Yes No	
	Q4032b. Have you been taking any medications or other treatment for it during the last 12 months?	1 2	Yes No	
	INTERVIEWER: if Q4029 is "No", skip to		·····	Q4033
	<b>Q4032c.</b> Have you had <u>blood</u> in your phlegm or have you coughed blood?	1	YES No	

#### **ASTHMA**

0.4000	Have you ever been diagnosed with asthma (an	1	YES	
Q4033	allergic respiratory disease)?	2	No•	Q4035
Q4034	Have you been taking any medications or other treatme	ent fo	rit	
	O4024a in the leat 2 weeks?	1	YES	
	Q4034ain the last 2 weeks?	2	No	
	O4024h in the leat 12 menths?	1	YES	
	Q4034bin the last 12 months?	2	No	
During the	last 12 months, have you experienced any of the following	ıg:		
		1	YES	
Q4035	Attacks of wheezing or whistling breathing?	2	No	
	Attack of wheezing that came on after you stopped	1	YES	
Q4036	exercising or some other physical activity?	2	No	
		1	YES	
Q4037	A feeling of tightness in your chest?	2	No	
	Have you woken up with a feeling of tightness in your	1	YES	
Q4038	chest in the morning or any other time?	2	No	
	Have you had an attack of shortness of breath that	1	YES	
Q4039	came on without obvious cause when you were <u>not</u> exercising or doing some physical activity?	2	No	
IF Q4035	TO Q4039 ARE ALL 'NO', SKIP TO		·····	Q4040
IF ONE OF T	THE SYMPTOM QUESTIONS (Q4035 TO Q4039) IS 'YES', CONTIN	IUE W	итн Q4039a.	Q4040
	These symptoms that you said you experienced in the	1	Yes	
Q4039a	last 12 months, have you experienced them in the <u>last 2 weeks</u> ?	2	No	

#### **DEPRESSION**

Q4040	Have you ever been diagnosed with depression?	1	YES	
Q4040	Have you ever been diagnosed with depression?	2	No <b>→</b>	Q4042

#### **DEPRESSION** continued...

JEPKE331	ON continued  Have you been taking any medications or other treatme	nt fo	r it	1
Q4041	(Other treatment can include attending therapy or couns			
<b>⊶</b> 10+1	Tomer treatment can include attending therapy of courts	1	YES	1
	Q4041aduring the last 2 weeks?	2	No	
		1	YES	
	Q4041bduring the last 12 months?	2	No	
	During the last 12 months, have you had a paried		NO	
Q4042	During the last 12 months, have you had a period lasting several days when you felt sad, empty or	1	YES	
Q 10 12	depressed?	2	No	
	During the last 12 months, have you had a period			
Q4043	lasting several days when you lost interest in most	1	YES	
	things you usually enjoy such as personal relationships, work or hobbies/recreation?	2	No	
	During the last 12 months, have you had a period			
Q4044	lasting several days when you have been feeling your	1	YES	
	energy decreased or that you are tired all the time?	2	No	
INTERVIE	WER: IF ANY ONE OF Q4042, Q4043 OR Q4044 IS ")	'ES'	', CONTINUE TO Q4045	
IF ALL 3	(Q4042, Q4043 AND Q4044) ARE "NO", SKIP TO		······	Q4060
	Was this period [of sadness/loss of interest/low energy]	1	YES	
Q4045	for more than 2 weeks?	2	No→	Q4060
	Was this period [of sadness/loss of interest/low energy]	1	YES	Q 1000
Q4046	most of the day, nearly every day?	2	No	
		1	Yes	
Q4047	During this period, did you lose your appetite?	2	No	
		1	Yes	
Q4048	Did you notice any slowing down in your thinking?	-		
		2	No	
Q4049	Did you notice any problems falling asleep?	1	YES	
		2	No	
Q4050	Did you notice any problems waking up too early?	1	YES	
	District the second	2	No	
Q4051	During this period, did you have any <u>difficulties</u> concentrating; for example, listening to others,	1	YES	
Q <del>1</del> 001	working, watching TV, listening to the radio?	2	No	
	Did you notice any slowing down in your moving	1	YES	
Q4052	around?	2	No	
	During this period, did you feel anxious and worried	<u>-</u> 1	YES	
Q4053	most days?	2	No	
	During this period, were you so <u>restless or jittery</u> nearly			
Q4054	every day that you paced up and down and couldn't sit	1	YES	
	still?	2	No	
04055	During this period, did you feel negative about yourself	1	YES	
Q4055	or like you had <u>lost confidence</u> ?	2	No	
04050	Did you frequently feel hopeless - that there was no	1	YES	
Q4056	way to improve things?	2	No	
0.4057		1	YES	
Q4057	During this period, did your interest in sex decrease?	2	No	
<b>.</b>		1	YES	
Q4058	Did you think of death, or wish you were dead?	2	No	
		<u>-</u> 1	YES	
Q4059	During this period, did you ever try to end your life?	2	No	
			110	<u> </u>

#### **HYPERTENSION**

Q4060	Have you ever been diagnosed with high blood pressure (hypertension)?	1	YES	
		2	No	Q4062
Q4061	Have you been taking any medications or other trea	<u>itment</u> fo	r it during	
	(Other treatment might include weight loss program or change in eating habits.)			
	Q4061athe last 2 weeks?	1	YES	
		2	No	
	O4064h the lest 12 menths?	1	YES	
	Q4061bthe last 12 months?		No	

#### **CATARACTS**

OA I ANAO				
Q4062	In the last 5 years, were you diagnosed with a cataract	1	YES	
	in one or both of your eyes (a cloudiness in the lens of the eye)?	2	No	Q4066
		8	Don't know	
Q4063	In the last 5 years, have you had eye surgery to remove this cataract(s)?	1	YES	
Q <del>4</del> 003		2	No	
In the last	t 12 months have you experienced any of the following:			
Q4064	cloudy or blurry vision?	1	YES	
Q4064		2	No	
Q4065	vision problems with light, such as glare from bright	1	YES	
	lights, or halos around lights?	2	No	

#### ORAL HEALTH

Now I would like you to tell me about the condition of your mouth and teeth.

Q4066	Have you lost all of your natural teeth?	1	YES	
Q4000		2	No	
04007	During the <u>last 12 months</u> , have you had any problems with your mouth and/or teeth, including problems with swallowing?	1	Yes	
Q4067		2	No	Q4069
Q4068	Have you received any <u>medications</u> or <u>treatment</u> from a during	denti	ist or other oral health specialist	
	Q4068a the <u>last 2 weeks</u> ?	1	YES	
		2	No	
	Q4068b the last 12 months?	1	YES	
	440000 the last 12 months!	2	No	

#### **I**NJURIES

INJURIES				
Q4069	In the <u>last 12 months</u> , have you been involved in a <u>road traffic accident</u> where you suffered from bodily injury?  PROBE: This could have been an accident in which you were involved either as the occupant of a motor vehicle, or when you were riding a	1	YES (IF MORE THAN ONE ACCIDENT, SELECT THE MOST RECENT TO ASK ABOUT IN MORE DETAIL BELOW) No	Q4073
	motorcycle/scooter, rickshaw or bicycle or walking.			Q 107 0
	, , ,	1	IT WAS AN ACCIDENT (UNINTENTIONAL)	
Q4070	How did the injury happen? Was it an accident, did someone else do this to you, or did you do this to	2	SOMEONE ELSE DID IT TO ME DELIBERATELY (INTENTIONAL)	
	yourself?	3	I DID IT TO MYSELF DELIBERATELY (SELF-INF	LICTED)
			Don't know	
Q4071	Did you receive any medical care or treatment for your injuries?	1 2	YES No	
	Did you suffer a physical disability as a result of			
Q4072	being injured?	1	YES	
	INTERVIEWER: Disability is any restriction or lack of ability to perform an activity as before the injury.	2	No	Q4073
		1	Unable to use hand or arm	
	Q4072a. In what ways were you physically	2	Difficulty to use hand or arm	
	disabled?	3	Walk with a limp	
		4	Loss of hearing	
		5	Loss of vision	
	INTERVIEWER: CIRCLE ALLTHAT RESPONDENT SELECTS.	6	Weakness or shortness of breath	
		7	Inability to remember things	
		8	Inability to chew	
		87	Other, specify:	
Q4073	In the <u>last 12 months</u> , have you had any other event where you suffered from bodily injury?	1	YES (IF MORE THAN ONE EVENT, SELECT THE MOST RECENT TO ASK ABOUT IN MORE DETAIL BELOW)	
	INTERVIEWER: If more than one, ask respondent to think of the most recent event.	2	No→	Q4078
		1	Home	
	Q4073a. Where were you when you were injured?	2	School	
		3	Work	
		87	Other, specify:	
		88	Don't know	
Q4074	What was the cause of this injury?	1 2 3	Fall Struck/hit by person or object Stabbed	
		4	Gun shot	
		5 6	Fire, flames or heat (burn) Drowning or near-drowning	
		7	Poisoning	
		8	Animal bite	
		9 87	Electricity shock Other, specify:	
			Don't know	
		1	IT WAS AN ACCIDENT (UNINTENTIONAL)	
Q4075	How did the injury happen? Was it an accident, did someone else do this to you, or did you do this to	2	SOMEONE ELSE DID IT TO ME DELIBERATELY (INTENTIONAL)	
				IOTED)
	yourself?	3	I DID IT TO MYSELF DELIBERATELY (SELF-INFL	icted)

#### INJURIES continued...

Q4076	Did you receive any medical care or treatment for	1	YES	
Q4070	your injuries?	2	No	
	Did you suffer a physical disability as a result of			
Q4077	being injured?	1	YES	
	INTERVIEWER: disability is any restriction or lack of ability to perform an activity as before the injury.	2	No <b>→</b>	Q4078
		1	UNABLE TO USE HAND OR ARM	•
	Q4077a. In what ways were you physically	2	DIFFICULTY TO USE HAND OR ARM	
	disabled?	3	WALK WITH A LIMP	
		4	LOSS OF HEARING	
	INTERVIEWER: CIRCLE ALL THAT RESPONDENT	5	LOSS OF VISION	
	INDICATES.	6	WEAKNESS OR SHORTNESS OF BREATH	
		7	INABILITY TO REMEMBER THINGS	
		8	INABILITY TO CHEW	
		87	OTHER, SPECIFY:	

	Q+01741 III What ways word you priyolodily	_	BIT 100ETT TO COL TIVING CITY TIVIN	
	disabled?	3	WALK WITH A LIMP	
		4	LOSS OF HEARING	
	INTERVIEWER: CIRCLE ALL THAT RESPONDENT	5	LOSS OF VISION	
	INDICATES.	6	WEAKNESS OR SHORTNESS OF BREATH	
		7	INABILITY TO REMEMBER THINGS	
		8	INABILITY TO CHEW	
		87	OTHER, SPECIFY:	
Question FEMALE MALE	Sto be asked to FEMALE respondents only. → Q4078 → GO TO NEXT SECTION  ould like to ask you about some of the kinds of me			eived
INOW I W	When was the last time you had a pelvic examination		are or tests that you may have rec	erveu.
Q4078	if ever?	· [	V5450400	
	(By pelvic examination, I mean when a doctor or nurs	e 🗀 🗀	YEARS AGO	
	examined your vagina and uterus?)	98 N	IEVER HAD EXAM→	Q4080
	ENTER "00" IF LESS THAN 1 YEAR AGO.			
	The last time you had the pelvic examination, did you			
Q4079	have a PAP smear test? (By PAP smear test, I mean did a doctor or nurse use		Yes	
	a swab or stick to wipe from inside your vagina, take		No	
	sample and send it to a laboratory?)			
	When was the last time you had a mammography, if			
Q4080	ever?		YEARS AGO	
	(That is, an x-ray of your breasts taken to detect breast cancer at an early stage.)	98	Never had exam	
	ENTER "00" IF LESS THAN 1 YEAR AGO.	90	NEVER HAD EXAM	
	LIVIER OU IF LESS THAN I TEAR AGO.			
Time Er	nd .			1

	Section 5000: Health	Ca	are Utilisation	
Time Be	gin	_		
hospitals	now like to know about your recent experiences with some some species, clinics and the health care system. I want to know ded health care and what type of health care provide	v if yo	ou needed health care recently, and if s	
Q5001	care. It less than one month ago, enter oo for years		years ago  months ago→  00 Never→  88 Don't know	Q5002 Q5046
	Q5001a. If 'don't know',	1	Yes	Q5046
	Was it more than 3 years ago?	2	No	
Q5002	The last time you needed health care, did you get health care?	1 2	YES <b>→</b> No	Q5004
INTERVIE	EWER: If person did not get health care, Q5002 = "No", as		·	
Q5003	<b>Q5003a.</b> What was the main reason you needed care, INTERVIEWER: Respondent can select ONLY one main reRESPONSE SCALES)			_
	1 Communicable disease (infections, malaria, tuberculosis, HIV) 2 Maternal and perinatal conditions (pregnancy) 3 Nutritional deficiencies 4 Acute conditions (diarrhoea, fever, flu, headaches, cough, other) 5 Injury (not work related, see 8 below) 6 Surgery 7 Sleep problems 8 Occupation/work related condition/injury 9 Chronic pain in your joints/arthritis (joints, back, neck) 10 Diabetes or related complications	12 13 14 15 16 17 18 87	High blood pressure / hypertension Stroke/sudden paralysis of one side of body Generalized pain (stomach, muscle or other nonspecific pain) Depression or anxiety Cancer Other, specify:	
	Q5003b. Which reason(s) best explains why you did not get health care?	1 2 3 4	COULD NOT AFFORD THE COST OF THE VISIT  NO TRANSPORT AVAILABLE  COULD NOT AFFORD THE COST OF TRANSPORT  YOU WERE PREVIOUSLY BADLY TREATED	
	INTERVIEWER:	5	COULD NOT TAKE TIME OFF WORK OR HAD	
	Circle all that the respondent indicates.	6	OTHER COMMITMENTS  THE HEALTH CARE PROVIDER'S DRUGS OR	Q504
		7	EQUIPMENT WERE INADEQUATE THE HEALTH CARE PROVIDER'S SKILLS WERE INADEQUATE	( ພວບ4
		8	NADEQUATE YOU DID NOT KNOW WHERE TO GO	
		9	YOU TRIED BUT WERE DENIED HEALTH CARE	
		-	You thought you were not sick enough	
			Other specify:	

Q5004	Thirding about books are your good of in the lost 2	4	Daylett pootop's office
QUU I	Thinking about health care you needed in the last 3	1	PRIVATE DOCTOR'S OFFICE
	years, where did you go most often when you felt sick or needed to consult someone about your health?	2	PRIVATE CLINIC OR HEALTH CARE FACILITY
		3	PRIVATE HOSPITAL
		4	PUBLIC CLINIC OR HEALTH CARE FACILITY
	INTERVIEWER: Only one answer allowed.	5	PUBLIC HOSPITAL
		6	CHARITY OR CHURCH RUN CLINIC
		7	CHARITY OR CHURCH RUN HOSPITAL
		8	Traditional healer [ <i>use local term</i> ]
		9	PHARMACY OR DISPENSARY
		87	Other, specify:

<u>INPATIENT HOSPITAL CARE</u>
The next two questions ask about <u>any</u> overnight stay in a hospital or other health care facility you have had in the last 3 years.

Q5005	In the last 3 years, have you ever stayed overnight in a hospital or long-term care facility?	<ol> <li>YES, A HOSPITAL</li> <li>YES, LONG TERM CARE FACILITY</li> <li>BOTH (HOSPITAL AND LONG TERM CARE FACILITY)</li> <li>NO</li></ol>	Q5026
Q5006	When was the <u>last</u> overnight stay in a hospital or long-term care facility?  INTERVIEWER: If less than one month ago, enter "00" for years and "00" for months.	years ago months ago  88 Don't know  If more than 3 years ago→	Q5026
	ould like to know about more recent times - if you've care facility in the last 12 months.	had any overnight stays in a hospital or othe	er type
Q5007	Over the last 12 months, how many different times were you a patient in a hospital/long-term care facility for at least one night?	TIMES  88 Don't know  IF "00" (NO OVERNIGHT STAYS)	Q5026

#### INPATIENT HOSPITAL CARE Continued...

I want to know more about why you needed an overnight stay in a health care facility. Starting with the most recent stay, I want to know more about your overnight stays, including why you needed an overnight stay each time. But first I would like you to come back to thinking about your <u>last overnight hospital stay only</u>.

Q5008	What type of hospital or facility was it? Remember ware asking now about your last (most recent) overnig stay.  INTERVIEWER: One answer only.		
	Q5008a. What was the name of this hospital or facilit	y?	
	Q5008b. Which reason best describes why you were Interviewer: Respondent can select only ONE main  1 Communicable disease (infections, malaria, tuberculosis, HIV)  2 Maternal and perinatal conditions (pregnancy)  3 Nutritional deficiencies  4 Acute conditions (diarrhoea, fever, flu, headaches, cough, other)  5 Injury (not occupation related)  6 Surgery  7 Sleep problems  8 Occupation/work related condition/injury  9 Chronic pain in your joints/arthritis (joints, back, neck)		
Q5009	How did you get there?  INTERVIEWER: Circle all that the respondent mentions.	1 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know	
	Q5009a. About how long did it take you to get there?	Hours:Minutes  88 Don't know	
Q5010	Who paid for this hospitalisation?  Anyone else?	1 RESPONDENT 2 SPOUSE/PARTNER 3 SON/DAUGHTER 4 OTHER FAMILY MEMBER	
	INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?	<ul> <li>NON-FAMILY MEMBER</li> <li>MANDATORY INSURANCE SCHEME</li> <li>VOLUNTARY INSURANCE SCHEME</li> </ul>	5013

#### INPATIENT HOSPITAL CARE Continued...

Q5011	Thinking about your last [hospital] stay, how much did you or your family/household members pay outof-pocket for:	a. [HEALTH CARE PROVIDER'S] FEES	
		b. Medicines	
	INTERVIEWER: write "0" if the service was free - If a person did not have medicines or tests, enter 99999 for "Not applicable, did not have".	c. Tests	
	[use local currency]	d. Transport	
		e. Other Specify:	
Q5012	About how much in total did you or a family/household member pay out-of-pocket for this hospitalisation?		
Q5013	Overall, how satisfied were you with the care you received during your last [hospital] stay?	<ul> <li>1 Very satisfied</li> <li>2 Satisfied</li> <li>3 Neither satisfied nor dissatisfied</li> <li>4 Dissatisfied</li> <li>5 Very dissatisfied</li> </ul>	
Q5014	What was the outcome or result of your visit to the [hospital]? Did your condition	1 Get much better 2 Get better 3 No change 4 Get worse 5 Get much worse	
Q5015	Was this the outcome or result you had expected?	1 YES 2 No	

INTERVIEWER: We will ask the respondent about up to 2 additional overnight stays using Q5016 to Q5017 below. if only ONE overnight stay in the last 12 months, skip to Q5018.

#### INPATIENT HOSPITAL CARE Continued...

I have asked you many questions about your last overnight stay, but now I want to know about other overnight stays you have had in the last 12 months. Think now of the overnight stay the time before the one you just described to me. This would be your second overnight stay in the last 12 months.

016	What type of hospital or facility was it?	1	Public hospital
		2	Private hospital
		3	Charity or church-run hospital
		4	Old person's home or long-term care facility
		87	Other, specify:
	TUBERCULOSIS, HIV)  2 MATERNAL AND PERINATAL CONDITIONS	11	PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED PAIN IN CHEST
		11	
	(PREGNANCY)	12	PROBLEMS WITH YOUR MOUTH, TEETH OR
	3 NUTRITIONAL DEFICIENCIES		SWALLOWING
	<ul><li>Nutritional deficiencies</li><li>Acute conditions (diarrhoea, fever, flu,</li></ul>	13	•
	3 NUTRITIONAL DEFICIENCIES	13 14 15	SWALLOWING PROBLEMS WITH YOUR BREATHING
	<ul> <li>NUTRITIONAL DEFICIENCIES</li> <li>ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)</li> <li>INJURY</li> </ul>	13 14 15	SWALLOWING PROBLEMS WITH YOUR BREATHING HIGH BLOOD PRESSURE / HYPERTENSION STROKE/SUDDEN PARALYSIS OF ONE SIDE
	<ul> <li>NUTRITIONAL DEFICIENCIES</li> <li>ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)</li> <li>INJURY</li> <li>SURGERY</li> <li>SLEEP PROBLEMS</li> <li>OCCUPATION/WORK RELATED CONDITION/INJURY</li> </ul>	13 14 15	SWALLOWING PROBLEMS WITH YOUR BREATHING HIGH BLOOD PRESSURE / HYPERTENSION STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY
	<ul> <li>NUTRITIONAL DEFICIENCIES</li> <li>ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)</li> <li>INJURY</li> <li>SURGERY</li> <li>SLEEP PROBLEMS</li> <li>OCCUPATION/WORK RELATED CONDITION/INJURY</li> <li>CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS,</li> </ul>	13 14 15 16	SWALLOWING PROBLEMS WITH YOUR BREATHING HIGH BLOOD PRESSURE / HYPERTENSION STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) DEPRESSION OR ANXIETY
	<ul> <li>NUTRITIONAL DEFICIENCIES</li> <li>ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)</li> <li>INJURY</li> <li>SURGERY</li> <li>SLEEP PROBLEMS</li> <li>OCCUPATION/WORK RELATED CONDITION/INJURY</li> </ul>	13 14 15 16 17 18	SWALLOWING PROBLEMS WITH YOUR BREATHING HIGH BLOOD PRESSURE / HYPERTENSION STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)

INTERVIEWER: if only TWO overnight stays in the last 12 months, skip now to Q5018.

And now think of the overnight stay the time before the one you just described to me. This would be your <u>third</u> overnight stay in the last 12 months.

25017	What type of hospital or facility was it?	1 Public hospital	
		2 Private hospital	
		3 Charity or church-run hospital	
		4 Old person's home or long-term care facility	
		87 Other, specify:	
	COMMUNICABLE DISEASE (INFECTIONS, M TUBERCULOSIS, HIV)     MATERNAL AND PERINATAL CONDITIONS	ALARIA, 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPL PAIN IN CHEST	AINED
	<b>Q5017a.</b> Which reason best describes wh INTERVIEWER: Respondent can select only	y you were last nospitalised? ONE main reason for visit. USE SHOWCARD in APPENDIX.	
	(PREGNANCY)  3 NUTRITIONAL DEFICIENCIES	12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLO	WING
	4 ACUTE CONDITIONS (DIARRHOEA, FEVER,	10 1 100221110 11111 10011 21121 1111110	
	7,0012,00181110110 (8,1111110271,121211,		V
	HEADACHES, COUGH, OTHER)	15 Stroke/sudden paralysis of one side of bod	
	HEADACHES, COUGH, OTHER)  5 INJURY	15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BOD 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER	
	· · · · · · · · · · · · · · · · · · ·		
	5 INJURY	16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER	
	5 Injury 6 Surgery	<ul><li>16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)</li><li>17 DEPRESSION OR ANXIETY</li></ul>	

#### INPATIENT HOSPITAL CARE Continued...

Now I want you to think again about your most recent overnight stay. I would like to ask you about your impressions of your last overnight stay. I would like you to rate your experiences using the following questions.

	last overnight visit to a hospital or long-term ity, how would you rate the following:	Very good	Good	Moderate	Bad	Very bad
Q5018	the amount of time you waited before being attended to?	1	2	3	4	5
Q5019	your experience of being treated respectfully?	1	2	3	4	5
Q5020	how <u>clearly</u> health care providers <u>explained</u> things to you?	1	2	3	4	5
Q5021	your experience of being involved in making decisions for your treatment?	1	2	3	4	5
Q5022	the way the health services ensured that you could talk privately to providers?	1	2	3	4	5
Q5023	the <u>ease</u> with which you could see a health care provider you were happy with?	1	2	3	4	5
Q5024	the <u>cleanliness</u> in the health facility?	1	2	3	4	5

INTERVIEWER: Q5025 BLANK.

NOTES:

#### **OUTPATIENT CARE AND CARE AT HOME**

Now I will shift away from questions about overnight stays – to questions about health care you received that did <u>not</u> include an overnight hospital stay. The following questions are about care you received at a hospital, health centre, clinic, private office or at home from a health care worker, but where you did not stay overnight.

Q5026	Over the last 12 months, did you receive any health care NOT including an overnight stay in hospital or long-term care facility?	1 YES 2 No	Q5046
Q5027	In total, how many times did you receive health care or consultation in the last 12 months?	TIMES	

Now I would like you to think about the most recent visit - and ask you specifically about your <u>last or most recent</u> visit.

	<b>Q5028a.</b> What was the name of this health care facility or provider?	
		<ul><li>7 Charity or church run hospital</li><li>8 Home visit</li><li>87 Other, specify:</li></ul>
	INTERVIEWER: read out responses, circle one option only	5 Public hospital 6 Charity or church run clinic
Q5028	What was the last (most recent) health care facility you visited in the last 12 months?	<ol> <li>Private doctor's office</li> <li>Private clinic or health care facility</li> <li>Private hospital</li> <li>Public clinic or health care facility</li> </ol>

#### OUTPATIENT CARE AND CARE AT HOME continued...

Which was the last (most recent) health care provider you visited?  Noterviewer:  After 05030 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses  PhysioTheraphsTor Chiropractor  That PhysioTheraphsTor Chiropractor  That Display the patient when you see [health care provider] in parentheses  PhysioTheraphsTor Chiropractor  That Display the patient when you see [health care provider] in parentheses  PhysioTheraphsTor Chiropractor  That Display the work of the [health care provider] for a chronic (nagoing) condition, new condition or both?  Q5029b. What was the sex of the [health care provider] for a chronic longoing) condition, new condition or both?  Q5029b. Which reason best describes why you needed this visit?  Note PhysioTheraphsTor Chiropractor  1 Communicable Disease (invections, Malaria, Tusericulosis, HIV)  2 Martenauk and persinaria conditions (precional provider) (Problems with your season for visit. USE SHOWCARD IN APPENDIX.  10 DIABETES or RetaTeb communications (Problems of Problems with your needed this visit?  Note Problems with your heart including unsurprised the provider of the problems of the problems of the problems with your needed this visit?  Note Problems with your heart including unsurprised the problems with your needed this visit?  10 DIABETES or RetaTeb communications (Problems with your needed this visit?  11 Problems with your mouth, Tieth or swallowing 1Problems with your needed this visit?  12 Problems with your patent including 1Problems wit			·				
Interviewer: After 05030 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses   6	Q5029		GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST,)  2 Nurse/Midwife				
After Q5030 substitute the type of health care provider selected by the patient when you see [health care provider] in parentheses    Common							
name		INTERVIEWER:	4 PHYSIOTHERAPIST OR CHIROPRACTOR				
Thome Health Care Worker   88    Don't KNOW		provider selected by the patient when you see					
About how long did it take you to get there?   Anyone else paid or contributed to paying for the family of the f		[health care provider] in parentheses	6 PHARMACIST, DRUGGIST				
Q5029a. What was the sex of the [health care provider]?   1 Male   2 FEMALE   2 FEMALE   2 FEMALE   2 FEMALE   2 FEMALE   2 FEMALE   3 EVEN   3 BOTH   3 EVEN   3 BOTH   3 EVEN   3 BOTH   3 EVEN   3 BOTH   3 EVEN   3 E			7 HOME HEALTH CARE WORKER				
Provider]?   2   Female			88 Don't know				
a chronic (ongoing) condition, new condition or both?    A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or both?   A chronic (ongoing) condition, new condition or sold in vision reason for visit. USE SHOWCARD IN APPENDIX.   A chronic (ongoing) conditions in eason for visit. USE SHOWCARD IN APPENDIX.   D chronic pain in cubic or septembers of the condition of the chronic pain in vision, and an eason for visit. USE SHOWCARD IN APPENDIX.   1							
a chronic (ongoing) condition, new condition or both?    Q5029c. Which reason best describes why you needed this visit?		Q5029b. Was this visit to [health care provider] for	1 CHRONIC				
Q5029c. Which reason best describes why you needed this visit?    NTERVIEWER: Respondent can select only ONE main reason for visit. USE SHOWCARD IN APPENDIX.    COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV)     2 MATERNAL AND PERNATAL CONDITIONS (PREGNANCY)     3 NUTRITIONAL DEFICIENCIES     4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)     5 INJURY     6 SURGERY     7 SLEEP PROBLEMS     8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)    Q5030 Thinking about your last visit, how did you get there?     INTERVIEWER: Circle all that the respondent mentions.    Q5031 About how long did it take you to get there?    Q5032 Who paid for this most recent visit?    Anyone else?     INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?      INTERVIEWER: CIRCLE SALVE SALVE SALVE S			2 New				
INTERVIEWER: Respondent can select only ONE main reason for visit. USE SHOWCARD IN APPENDIX.  1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) 2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) 3 NUTRITIONAL DEFICIENCIES 4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 5 INJURY 6 SURGERY 7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  1 PRIVATE VEHICLE  1 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING 15 STROKE/SUDDEN WITH YOUR REATHING 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 19 DEPRESSION OR ANXIETY 18 CANCER 19 DEPRESSION OR ANXIETY 19 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 11 PROBLEMS WITH YOUR MOUTH, TEETH OR CULDING INCLUDING 10 DEPRESSION OR ANXIETY 11 PROBLEMS WITH YOUR MOUTH, TECTH OR CULD TO THER NONSPECIFIC PAIN (STOMACH, TONE) 19 PROBLEMS WITH YOUR MOUTH, TECTH OR CULD TO THE		both?	3 Вотн				
INTERVIEWER: Respondent can select only ONE main reason for visit. USE SHOWCARD IN APPENDIX.  1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) 2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) 3 NUTRITIONAL DEFICIENCIES 4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 5 INJURY 6 SURGERY 7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  1 PRIVATE VEHICLE  1 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING 15 STROKE/SUDDEN WITH YOUR REATHING 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 18 OTHER, SPECIFY: 18 DANA TRANSPECIFIC PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 19 DEPRESSION OR ANXIETY 18 CANCER 19 DEPRESSION OR ANXIETY 19 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 10 DEPRESSION OR ANXIETY 11 PROBLEMS WITH YOUR MOUTH, TEETH OR CULDING INCLUDING 10 DEPRESSION OR ANXIETY 11 PROBLEMS WITH YOUR MOUTH, TECTH OR CULD TO THER NONSPECIFIC PAIN (STOMACH, TONE) 19 PROBLEMS WITH YOUR MOUTH, TECTH OR CULD TO THE							
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4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 5 INJURY 6 SURGERY 7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  Thinking about your last visit, how did you get there?  OTHER VIEWER:  Circle all that the respondent mentions.  CITCLE all that the respondent mentions.  Diagnostic pain (Stomach, Muscle or other Nonspecific Pain) 17 DEPRESSION OR ANXIETY 18 CANCER 87 OTHER, SPECIFY: 18 CANCER 19 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 DON'T KNOW 99 NOT APPLICABLE  CITCLE all that the respondent mentions.  CITCLE all that the respondent mentions.  Diagnostic pain (Stomach, Muscle or Other Nonspecific Pain) 17 Depression or Anxiety 18 CANCER 27 OTHER, SPECIFY: 18 CANCER 28 OTHER, SPECIFY: 19 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 DON'T KNOW 99 NOT APPLICABLE  CITCLE all that the respondent wentions 10 Private vehicle 10 Private vehicle 11 Private vehicle 12 Public transportation 12 Private vehicle 13 Private vehicle 14 Private vehicle 15 Private vehicle 16 Walked 18 DON'T KNOW 10 Private vehicle 10 Private vehicle 10 Private vehicle 10 Private vehicle 11 Private vehicle 12 Public transportation 11 Privat							
HEADACHES, COUGH, OTHER)  5 INJURY 6 SURGERY 7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  Thinking about your last visit, how did you get there?  10 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know 99 NOT APPLICABLE  Don't know 99 NOT APPLICABLE  Thousand for this most recent visit?  Anyone else?  INTERVIEWER: CIrcle all responses. Probe to see if anyone else paid or contributed to paying for the care?  NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 19 OTHER, SPECIFY: 18 OTHER, SPECIFY: 19 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know 99 NOT APPLICABLE  HOURS:MINUTES 88 Don't know 1 RESPONDENT 2 SPOUSE/PARTINER 3 SON/DAUGHTER 4 OTHER FAMILY MEMBER 5 NON-FAMILY MEMBER 6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME							
About how long did it take you to get there?   Nonspecific Pain)   Nonspecific Pain)		HEADACHES, COUGH, OTHER)  5 INJURY  6 SURGERY	16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)				
7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  1 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 DON'T KNOW 99 NOT APPLICABLE  Q5031 About how long did it take you to get there?  4 Anyone else?  Anyone else?  INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  7 SLEEP PROBLEMS 17 DEPRESSION OR ANXIETY 18 CANCER 87 OTHER, SPECIFY:  1 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 DON'T KNOW 99 NOT APPLICABLE  1 RESPONDENT 2 SPOUSE/PARTNER 4 OTHER FAMILY MEMBER 6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME							
8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)  1 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know 99 Not Applicable  Q5031 About how long did it take you to get there?  Q5032 Who paid for this most recent visit?  Anyone else?  Who paid or contributed to paying for the care?  1 Private vehicle 2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know 99 Not Applicable  HOURS:MINUTES 88 Don't know  1 Respondent 2 Spouse/Partner 4 Other Family Member 5 Non-Family Member 6 Mandatory Insurance Scheme 7 Voluntary Insurance Scheme							
Q5030 Thinking about your last visit, how did you get there?    Thinking about your last visit, how did you get there?							
About how long did it take you to get there?  Who paid for this most recent visit?  Anyone else?  Interviewer: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  Thinking about your last visit, how did you get there?  2 Public transportation 3 Taxicab 4 Ambulance or emergency vehicle 5 Bicycle 6 Walked 88 Don't know 99 Not APPLICABLE  HOURS:MINUTES 88 Don't know  1 Respondent 2 Spouse/Partner 3 Son/Daughter 4 Other Family Member 5 Non-Family Member 6 Mandatory Insurance Scheme 7 Voluntary Insurance Scheme			87 OTHER, SPECIFY:				
there?    Interviewer:   Circle all that the respondent mentions.   Single			1 Private vehicle				
Ambulance or emergency vehicle   4	Q5030		2 Public transportation				
Interviewer: Circle all that the respondent mentions.   5 Bicycle   6 Walked   88 Don't know   99 Not applicable   1 Respondent   1 Respondent   2 Spouse/partner   2 Spouse/partner   3 Son/baughter   4 Other family member   1 Non-family member   3 Non-family member   5 Non-family member   5 Non-family member   6 Mandatory Insurance Scheme   7 Voluntary Insurance Scheme   7 Voluntary Insurance Scheme   1 Non-family member   1 Non-famil		there?	3 Taxicab				
Circle all that the respondent mentions.  6 Walked 88 Don't know 99 Not applicable  4 Hours:Minutes 88 Don't know  Q5032 Who paid for this most recent visit?  1 Respondent 2 Spouse/partner 3 Son/daughter 4 Other family member 1 Interviewer: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  5 Bicycle 6 Walked 88 Don't know 99 Not applicable  HOURS:Minutes  2 Spouse/Partner 2 Spouse/Partner 3 Son/Daughter 4 Other family member 5 Non-family member 6 Mandatory Insurance Scheme 7 Voluntary Insurance Scheme			4 Ambulance or emergency vehicle				
Q5031 About how long did it take you to get there?  Q5032 Who paid for this most recent visit?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  Respondent  1 Respondent  2 Spouse/Partner  3 Son/Daughter  4 Other Family Member  5 Non-Family Member  6 Mandatory Insurance Scheme  7 Voluntary Insurance Scheme			5 Bicycle				
Q5031 About how long did it take you to get there?  Who paid for this most recent visit?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  POURS:MINUTES  88 DON'T KNOW  1 RESPONDENT 2 SPOUSE/PARTNER 3 SON/DAUGHTER 4 OTHER FAMILY MEMBER 5 NON-FAMILY MEMBER 6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME		Circle all that the respondent mentions.	6 Walked				
Q5031 About how long did it take you to get there?			88 Don't know				
Q5032 Who paid for this most recent visit?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  1 RESPONDENT 2 SPOUSE/PARTNER 3 SON/DAUGHTER 4 OTHER FAMILY MEMBER 5 NON-FAMILY MEMBER 6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME			99 NOT APPLICABLE				
Q5032 Who paid for this most recent visit?  Anyone else?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  1 RESPONDENT 2 SPOUSE/PARTNER 3 SON/DAUGHTER 4 OTHER FAMILY MEMBER 5 NON-FAMILY MEMBER 6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME	Q5031	About how long did it take you to get there?	Hours:Minutes				
Anyone else?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  2 SPOUSE/PARTNER  3 SON/DAUGHTER  4 OTHER FAMILY MEMBER  5 NON-FAMILY MEMBER  6 MANDATORY INSURANCE SCHEME  7 VOLUNTARY INSURANCE SCHEME			88 Don't know				
Anyone else?  Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  2 SPOUSE/PARTNER  3 SON/DAUGHTER  4 OTHER FAMILY MEMBER  5 NON-FAMILY MEMBER  6 MANDATORY INSURANCE SCHEME  7 VOLUNTARY INSURANCE SCHEME	Q5032	Who paid for this most recent visit?	1 Respondent				
Anyone else?  INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  3 SON/DAUGHTER  4 OTHER FAMILY MEMBER  5 NON-FAMILY MEMBER  6 MANDATORY INSURANCE SCHEME  7 VOLUNTARY INSURANCE SCHEME							
INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  4 OTHER FAMILY MEMBER  5 NON-FAMILY MEMBER  6 MANDATORY INSURANCE SCHEME  7 VOLUNTARY INSURANCE SCHEME		Anyone else?					
INTERVIEWER: circle all responses. Probe to see if anyone else paid or contributed to paying for the care?  5 Non-family member 6 Mandatory Insurance Scheme 7 Voluntary Insurance Scheme							
anyone else paid or contributed to paying for the care?  6 MANDATORY INSURANCE SCHEME 7 VOLUNTARY INSURANCE SCHEME		INTERVIEWER: circle all responses. Probe to see if					
7 VOLUNTARY INSURANCE SCHEME							
		care?					
THE THE PARTY OF T							
			2 0001				

#### **OUTPATIENT CARE AND CARE AT HOME continued...**

		A. [HEALTH CARE PROVIDER'S] FEES				
Q5033	Thinking about your <u>last visit</u> , how much did you or your household pay for:	r				
		B. MEDICINES				
	INTERVIEWER: Only write "0" if the service was free.	c. Tests				
	If a person did not have tests or drugs, enter 99999 for "Not applicable, did not have".	D. TRANSPORT				
	(local currency)	E. OTHER, specify:				
		F. TOTAL COSTS				
Q5034	Overall, how <u>satisfied</u> were you with the care you received during your last visit?	<ol> <li>Very satisfied</li> <li>Satisfied</li> <li>Neither satisfied nor dissatisfied</li> <li>Dissatisfied</li> <li>Very dissatisfied</li> </ol>				
Q5035	What was the outcome of your visit to the health care provider? Did your condition?	<ul> <li>1 Get much better</li> <li>2 Get better</li> <li>3 No change</li> <li>4 Get worse</li> <li>5 Get much worse</li> </ul>				
Q5036	Was this the outcome/result you had expected?	1 YES 2 No				

INTERVIEWER: We will ask the respondent about up to two additional visits using Q5037 through Q5038. if only ONE visit in past 12 months, **skip to Q5039**.

I will ask you about up to two more encounters/visits with health professionals in addition to the last visit you just described. So could you please tell us now about the visit prior to the last (most recent) visit you just described. This would describe your second to last visit.

Q5037	Which was the health care provider you visited?	1	MEDICAL DOCTOR (INCLUDING SURGEON, GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC)
	Interviewer:	2	Nurse/Midwife
	After Q5037 substitute the type of health care provider selected by the patient when you see	3	DENTIST
	[health care provider] in parentheses	4	PHYSIOTHERAPIST OR CHIROPRACTOR
		5	Traditional medicine practitioner ( <i>use local name</i> )
		6	PHARMACIST, DRUGGIST
		7	HOME HEALTH CARE WORKER
		88	Don't know

#### OUTPATIENT CARE AND CARE AT HOME continued...

	Q5037a. What was the sex of the [health care provider]?  Q5037b. Was this visit to [health care provider] for a chronic (ongoing) condition, new condition or both?  Q5037c. Which reason best describes why you need INTERVIEWER: Respondent may select only ONE main  1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV)  2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY)  3 NUTRITIONAL DEFICIENCIES  4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)  5 INJURY  6 SURGERY  7 SLEEP PROBLEMS		Male Female
a c			CHRONIC NEW BOTH
1 2 3 4 5			
9	OCCUPATION/WORK RELATED CONDITION/INJURY CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)	87	OTHER, SPECIFY:

#### INTERVIEWER: if just TWO visits in last 12 months, skip to Q5039.

And now think of the visit the time before the one you just described to me. This would be your third visit in the last 12 months.

1431 12 111	011.1101		
Q5038	Which was the health care provider you visited?	1	MEDICAL DOCTOR (INCLUDING SURGEON, GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC)
	INTERVIEWER:	2	Nurse/Midwife
After Q5038 substitute the type of health care provider selected by the patient when you see	3	DENTIST	
	[health care provider] in parentheses	4	PHYSIOTHERAPIST OR CHIROPRACTOR
		5	Traditional medicine practitioner (use local name)
			PHARMACIST, DRUGGIST
		7	HOME HEALTH CARE WORKER
		88	Don't know
	Q5038a. What was the sex of the [health care	1	Male
	provider]?	2	FEMALE
	Q5038b. Was this visit to [health care provider] for	1	CHRONIC
	a chronic (ongoing) condition, new condition or both?	2	New
	Doute	3	Вотн

#### OUTPATIENT CARE AND CARE AT HOME continued...

Q5038c. Which reason best describes why you needed this visit?

INTERVIEWER: Respondent can select only one main reason for visit. USE SHOWCARD in APPENDIX..

- 1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV)
- 2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY)
- 3 NUTRITIONAL DEFICIENCIES
- 4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER)
- 5 INJURY
- 6 SURGERY
- 7 SLEEP PROBLEMS
- 8 OCCUPATION/WORK RELATED CONDITION/INJURY
- 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK)

- 10 DIABETES OR RELATED COMPLICATIONS
- 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED PAIN IN CHEST
- 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING
- 13 PROBLEMS WITH YOUR BREATHING
- 14 HIGH BLOOD PRESSURE / HYPERTENSION
- 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY
- 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)
- 17 DEPRESSION OR ANXIETY
- 18 CANCER
- 87 OTHER, SPECIFY:

Now I would like you to think about your most recent visit again. I want to know your impressions of your most recent visit for health care. I would like you to rate your experiences using the following questions.

	last visit to a health care provider, how urate the following:	Very good	Good	Moderate	Bad	Very bad
Q5039	$\dots$ the amount of time you $\underline{\text{waited}}$ before being attended to?	1	2	3	4	5
Q5040	your experience of being treated respectfully?	1	2	3	4	5
Q5041	how <u>clearly</u> health care providers <u>explained</u> things to you?	1	2	3	4	5
Q5042	your experience of being involved in making decisions for your treatment?	1	2	3	4	5
Q5043	the way the health services ensured that you could talk privately to providers?	1	2	3	4	5
Q5044	the ease with which you could see a health care provider you were happy with?	1	2	3	4	5
Q5045	the <u>cleanliness</u> in the health facility?	1	2	3	4	5

#### **RESPONSIVENESS OF HEALTH SERVICES: VIGNETTES**

I am now going to read you stories about people's experiences with health care services. I want you to think about these people's experiences as if they were your own. Once I have finished reading each story, I will ask you to rate what happened in the story as very good, good, moderate, bad or very bad.

Q5046	How would you rate the amount of time [Stan] waited before	Very good	Good	Moderate	Bad	Very bad
	being attended to?	1	2	3	4	5
	went to a crowded clinic. No-one greeted her. She waited for 30 tion behind a screen that separated the waiting area from the ex-			urse called fo	or her for	an
Q5047	How would you rate [Patricia's] experience of being greeted and talked to respectfully?	Very good	Good	Moderate	Bad	Very bad
	and tarked to respectfully:	1	2	3	4	5
	How would you rate [Mario's] experience of how clearly	octor say				leaves Very
Q3046	health care providers explained things to him?	good 1	2	3	4	<u>bad</u> 5
The roon Q5049	h was cleaned once a week, was occasionally dusty, and had on How would you rate the cleanliness of [José's] room inside	Very good	chairs for Good	visitors.  Moderate	Bad	Very bad
	the facility and provision for toilets?	1	2	3	4	5
	e clinic is not busy. [Mamadou] can choose which doctor he sees rhoever is free.	s. But mo	st often it	is busy and t	hen he g	ets
Q5050	How would you rate [Mamadou's] freedom to choose his health care provider?	Very good	Good	Moderate	Bad	Very bad
	Thealth care provider?	1	2	3	4	5
	has his consultation behind a screen separating the consultationally to avoid other people hearing his conversation.	n area fro	m the wa	iting area. He	has to s	peak
Q5051	How would you rate the way the health services ensured [Alouine] could talk privately to the health care providers?	Very good	Good	Moderate	Bad	Very bad
	[Alourie] could talk privately to the health care providers?	1	2	3	4	5
[Robert]	had a broken arm. The doctor explained different ways of fixing bow why he needed blood tests and was worried until the doctor of				tests. [R	obert]
[Robert]					tests. [R Bad	Very

We would like to finish this section by asking you two questions about your satisfaction with the health system in your country. Think about the health care service(s) you received in the <u>last 12 months</u> when answering the questions.

Q5053	In general, how satisfied are you with how the health care services are run in your country [in your area] – are you very satisfied, satisfied, neither satisfied nor dissatisfied, fairly dissatisfied, or very dissatisfied?	1 2 3 4 5	Very satisfied Satisfied Neither satisfied nor dissatisfied Dissatisfied Very Dissatisfied
Q5054	How would you rate the way health care in your country involves you in deciding what services it provides and where it provides them?	1 2 3 4 5	Very good Good Moderate Bad Very bad

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Time End	][	

	Section 600	0: So	cial Col	nesion			
opinions	gin dike to shift away from questions abou about other areas and issues in your life ty, social and political aspects in your life	e. The fo					
member get toget me if any	I'd like to start by asking you about the groups or organizations, networks, associations to which you or any member of your household belong. These could be formally organized groups or just groups of people who get together regularly to do an activity or talk about things. As I read the following list of groups, please tell me if anyone in this household belongs to such a group. If yes, tell me which household member is most active in this group, and whether he/she participates actively in the group's decision making.						
	to know about some of your involveme of your best guess.	nt in your	community.	For all of	these, I wa	nt you just	to
	How often in the last 12 months have you	Never	ONCE OR TWICE PER YEAR	ONCE OR TWICE PER MONTH	ONCE OR TWICE PER WEEK	DAILY	
Q6001	attended any public meeting in which there was discussion of local or school affairs?	1	2	3	4	5	
Q6002	met personally with someone you consider to be a community leader?	1	2	3	4	5	
Q6003	attended any group, club, society, union or organizational meeting?	1	2	3	4	5	
Q6004	worked with other people in your neighborhood to fix or improve something?	1	2	3	4	5	
Q6005	had friends over to your home?	1	2	3	4	5	
Q6006	been in the home of someone who lives in a different neighbourhood than you do or had them in your home?	1	2	3	4	5	
Q6007	socialized with coworkers outside of work?	1	2	3	4	5	
Q6008	attended religious services (not including weddings and funerals)?	1	2	3	4	5	
Q6009	gotten out of the house/your dwelling to attend social meetings, activities, programs or events or to visit friends or relatives?	1	2	3	4	5	
Q6010	Would you like to go out more often or are you satisfied with how much you get out of the house?						
Q6011	What is the main reason that you don't get out more?	2 Safe	Ith problems ity or security er non-health r		ns		

87 Other, specify:

We'd like to ask you a few questions about how you view other people and institutions.

Q6012	Generally speaking, would you say that most people can be trusted or that you can't be too careful in dealing with people?	1 2	CAN BE TRUSTED  CAN'T BE TOO CAREFUL
Q6013	Do you have someone you can trust and confide in?	1 2	Yes No

Next, we'd like to know how much you trust different groups of people.

	•	To a very great extent	To a great extent	Neither great nor small extent	To a small extent	To a very small extent
Q6014	First, think about people in your neighbourhood. Generally speaking, would you say that you can trust them?	1	2	3	4	5
Q6015	Now, think about people whom you work with. Generally speaking, would you say that you can trust them?	1	2	3	4	5
Q6016	And how about strangers? Generally speaking, would you say that you can trust them?	1	2	3	4	5

Now we have a few questions about safety in the area where you live.

	we have a few questions about safety in the area where you live.				
Q6017	In general, how safe from crime and violence	1 Completely safe			
	do you feel when you are alone at home?	2 Very safe			
		3 Moderately safe			
		4 Slightly safe			
		5 Not safe at all			
Q6018	How safe do you feel when walking down your	1 Completely safe			
	street alone after dark?	2 Very safe			
		3 Moderately safe			
		4 Slightly safe			
		5 Not safe at all			
Q6019	In the last 12 months, have you or anyone in	1 YES			
	your household been the victim of a violent crime, such as assault or mugging?	2 No			

Last, we would like to know about your level of interest in local or national politics and your opinions about how the government responds to issues that interest you. Remember, all responses are confidential.

connaent	iai.	Ţ
Q6020	How interested would you say you are in politics and national affairs? Would you say you are?	1 Very interested 2 Interested
	Read responses	<ul><li>3 Neither interested nor uninterested</li><li>4 Uninterested</li><li>5 Very uninterested</li></ul>
Q6021	Lots of people find it difficult to get out and vote. Did you vote in the last state/national/presidential election?	1 YES 2 No 97 REFUSAL
Q6022	How much say do you have in getting the government to address issues that interest you?	<ul> <li>1 Unlimited say</li> <li>2 A lot of say</li> <li>3 Some say</li> <li>4 Little say</li> <li>5 No say at all</li> </ul>
Q6023	How <u>free</u> do you think you are to <u>express</u> <u>yourself</u> without fear of government reprisal?	1 Completely free 2 Very free 3 Moderately free 4 Slightly free 5 Not free at all

		-	
Time End			

### Section 7000: Subjective Well-Being and Quality of Life

Time Be	gin 🔲 🗓 🔲						
	d like to ask for your thou It your health and quality		your life	anc	l life situation.	We want to kn	ow how you
Q7001	Do you have enough energy for everyday life?			1 2 3 4 5	Moderately A little None at all		
Q7002	Do you have enough money to meet your needs?				Completely Mostly Moderately A little None at all		
Please te	ll us how satisfied you ar	e with the	following i	รรเ	ies.		
	How satisfied are you with	Very SATISFIED	SATISFIED	)	NEITHER SATISFIED NOR DISSATISFIED	Dissatisfied	Very Dissatisfied
Q7003	your health?	1	2		3	4	5
Q7004	yourself?	1	2		3	4	5
Q7005	your ability to perform your daily living activities?	1	2		3	4	5
Q7006	your personal relationships?	1	2		3	4	5
Q7007	the conditions of your living place?	1	2		3	4	5
Q7008	Taking all things together, how satisfied are you with your life as a whole these days?	1	2		3	4	5
				1	Never		
Q7008a	How often have you felt th			2			
Q1000a	to control the important th	<u>ings</u> in your	life?	3	Sometimes		
				4	Fairly often		
	Read responses			5	Very often		
				1	Never		
Q7008b	How often have you found	that you co	uld not	2	Almost never		
	cope with all the things the			3	Sometimes		
	Read responses			4	Fairly often		
				5	Very often		
0-0				1	Very Good		
Q7009	How would you rate your	overall quali	ty of life?	2	Good Moderate		
	Read responses			4	Bad		
				5 8	Very Bad Don't Know		
				0	DON I KNOW		

Q7010	Taking all things together, how would you say you are these days? Are you?  Read responses	1 2 3 4 5 8	Very happy Happy Neither happy nor unhappy Unhappy Very unhappy <i>Don't Know</i>				
SET A.	Day reconstruction – Start with M	<i>l</i> lorn	ing				
beginnii in the 1 Keep tra	/IEWER: For this module, you will ask the reng from when s/he woke up. It is unlikely the 5 minutes allotted for this section. You must ack of time elapsed by using the questions list minutes, skip to Q7500.	at you st sto	will be able to reconstruct the entire day a sking about activities after 15 minutes.				
Q7011	Record current time.		TIME				
Q7012	Add 15 minutes to compute the end time of this of the interview.	s part	TIME				
INTRO	DUCTION to Day Reconstruction						
sequenc	Now I would like to ask you questions about what you did yesterday. I want you to try to remember the sequence of activities that you did from when you woke up until later in the day. We'll go through this one activity at a time.						
People do different activities throughout the day. Here is a list of examples: working, preparing food, doing housework, watching children, traveling to work or the market, grooming, bathing, eating, exercising, praying, resting, chatting with friends, playing cards, watching TV, listening to the radio, reading the newspaper or taking care of someone.							
	I would like for you to tell me about all the different things that you did yesterday. You may have done some of the things that I just mentioned. You may have done other things too.						
	eep all of your responses to just a word or two. hing hands, which only take one or two minutes.						
Q7013	When did you wake up yesterday?  INTERVIEWER: If respondent can't remember,	, get	TIME				

INTERVIEWER: No Q7014.

his or her best guess.

8888 DON'T KNOW TIME

	What was the first thir	ng you did after waking up yeste	rday morning?		
Q7015		e respondent mentions more that ing most attention to or required			
3 PREP 4 DOIN 5 WATO 6 SHOP 7 WALK 8 TRAV	ISTENCE FARMING ARING FOOD G HOUSEWORK CHING CHILDREN	10 REST (INCLUDES TEA/COFFE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/C 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY 17 OTHER LEISURELY ACTIVITY	GAMES) 19 20 21 22 23 WALK	GROOMING OR B EATING RELIGIOUS ACTIV PROVIDING CARE INTIMATE RELATI WENT TO SLEEP	TITY TO SOMEONE ONS/SEX
Q7016	How long did this acti	vity last?		Hours : Mil	NUTES
Q7017	At what time did this a  INTERVIEWER: If research time, get estima	spondent has trouble with	TIME		
Q7018	Were you talking or you did this? By inte consistently paying example, if you wer would be interacting talking. On the other less than 5 minutes d	2 SPOUSE 3 ADULT CH 4 YOUNG C	HILDREN OR GRA OTHER THAN SPO KERS	NDCHILDREN	
		how friendly were you feeling	1 Very friendly 2 A little friendly 3 A little irritated 4 Very irritated		
We often feel different things during different parts of the day. Sometimes we feel good, sometimes we feel less good. And some of the things we do are enjoyable, while some activities are not so enjoyable. Now, please think about how you felt yesterday during that time of the day. Please respond "not at all", "a little", or "very much" to the following questions.					
			Not at all	A little	Very much
Q7019	How worried were you	u feeling?	1	2	3
Q7020	How <u>rushed</u> were you	feeling?	1	2	3
Q7021	How irritated or angry	were you feeling?	1	2	3
Q7022	How <u>depressed</u> were	you feeling?	1	2	3
Q7023	How tense or stresse	<u>d</u> were you feeling?	1	2	3

1

1

2

2

3

3

How <u>calm or relaxed</u> were you feeling?

How much were you enjoying what you were doing?

Q7024

Q7025

What was the next thing you did yesterday morning?  INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of these activity were you paying most attention to or required the most effort." Circle only ONE activity.								

Q7051	How long did this activity last?  INTERVIEWER: If respondent has trouble with exact duration, get estimate or approximate.	Hours: Minutes
Q7052	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.	1 ALONE
	Q7052a. At the time, how friendly were you feeling towards this person (these people)?	1 Very friendly 2 A little friendly 3 A little irritated 4 Very irritated

Now, please think about how you felt yesterday during that time of the day. Please respond "not at all", "a little", or "very much".				
		NOT AT ALL	A LITTLE	VERY MUCH
Q7053	How worried were you feeling?	1	2	3
Q7054	How <u>rushed</u> were you feeling?	1	2	3
Q7055	How <u>irritated or angry</u> were you feeling?	1	2	3
Q7056	How depressed were you feeling?	1	2	3
Q7057	How tense or stressed were you feeling?	1	2	3
Q7058	How <u>calm or relaxed</u> were you feeling?	1	2	3
Q7059	How much were you enjoying what you were doing?	1	2	3

Q7100 INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of these activity were you paying most attention to or required the most effort." Circle only ONE activity.								
2 SUBSISTENCE FARMING 3 PREPARING FOOD 4 DOING HOUSEWORK 5 WATCHING CHILDREN BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/GAMES) 21 22	GROOMING OR BATHING (SELF) EATING RELIGIOUS ACTIVITY PROVIDING CARE TO SOMEONE INTIMATE RELATIONS/SEX WENT TO SLEEP FOR THE NIGHT							

Q7101	How long did this activity last?  INTERVIEWER: If respondent has trouble with exact duration, get estimate or approximate.	Hours: Minutes	
Q7102	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.	1 ALONE	
	Q7102a. At the time, how friendly were you feeling towards this person (these people)?	1 Very friendly 2 A little friendly 3 A little irritated 4 Very irritated	

Now, please think about how you felt yesterday during that time of the day. Please respond "not at all", "a little", or "very much".				
		NOT AT ALL	A LITTLE	VERY MUCH
Q7103	How worried were you feeling?	1	2	3
Q7104	How <u>rushed</u> were you feeling?	1	2	3
Q7105	How irritated or angry were you feeling?	1	2	3
Q7106	How depressed were you feeling?	1	2	3
Q7107	How <u>tense or stressed</u> were you feeling?	1	2	3
Q7108	How calm or relaxed were you feeling?	1	2	3
Q7109	How much were you enjoying what you were doing?	1	2	3

	What was the next thing you did yesterday?				
Q7150	INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of these activity were you paying most attention to or required the most effort." Circle only ONE activity.				
3 PREP 4 DOIN 5 WATC 6 SHOP 7 WALF 8 TRAV	ISTENCE FARMING ARING FOOD G HOUSEWORK CHING CHILDREN	10 REST (INCLUDES TEA/COFFEE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/GAMES) 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY WALK 17 OTHER LEISURELY ACTIVITY	18 GROOMING OR BATHING (SELF) 19 EATING 20 RELIGIOUS ACTIVITY 21 PROVIDING CARE TO SOMEONE 22 INTIMATE RELATIONS/SEX 23 WENT TO SLEEP FOR THE NIGHT		

Q7151	How long did this activity last?  INTERVIEWER: If respondent has trouble with exact time, get estimate or approximate.	Hours : Minutes
Q7152	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.	1 ALONE
	Q7152a. At the time, how friendly were you feeling towards this person (these people)?	1 Very friendly 2 A little friendly 3 A little irritated 4 Very irritated

Now, please think about how you felt yesterday during that time of the day. Please respond "not at all", "a little", or "very much".				
		NOT AT ALL	A LITTLE	VERY MUCH
Q7153	How worried were you feeling?	1	2	3
Q7154	How <u>rushed</u> were you feeling?	1	2	3
Q7155	How irritated or angry were you feeling?	1	2	3
Q7156	How depressed were you feeling?	1	2	3
Q7157	How <u>tense or stressed</u> were you feeling?	1	2	3
Q7158	How calm or relaxed were you feeling?	1	2	3
Q7159	How much were you enjoying what you were doing?	1	2	3

	What was the next thing you did yesterday?				
Q7200	INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of t activity were you paying most attention to or required the most effort." Circle only ONE activity were you paying most attention to or required the most effort."				
2 SUBS 3 PREP 4 DOINI 5 WATC 6 SHOP 7 WALK 8 TRAV	WORKING SUBSISTENCE FARMING PREPARING FOOD DOING HOUSEWORK WATCHING CHILDREN SHOPPING WALKING SOMEWHERE TRAVELING BY CAR/BUS/TRAIN  10 REST (INCLUDES TEA/COFFE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS) 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY 17 OTHER LEISURELY ACTIVITY		S/GAMES)	18 GROOMING OR E 19 EATING 20 RELIGIOUS ACTIV 21 PROVIDING CARE 22 INTIMATE RELAT 23 WENT TO SLEEP	/ITY E TO SOMEONE IONS/SEX
Q7201		vity last? spondent has trouble with timate or approximate.		Hours : Mi	NUTES
Q7202	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.		1 ALONE		
	Q7202a. At the time, how friendly were you feeling towards this person (these people)?		1 Very fri 2 A little f 3 A little i 4 Very irr	riendly rritated	
Now ple	ase think about how you	u felt yesterday during that time	of the day	Please respond "n	ot at all" "a
	'very much".	a fore yesterday during that time	or the day.	Ticuse respond in	or ar an , a
			NOT AT AI	L A LITTLE	VERY MUCH
Q7203	How worried were you	u feeling?	1	2	3
Q7204	How rushed were you feeling?		1	2	3
Q7205	How irritated or angry were you feeling?		1	2	3
Q7206	How depressed were you feeling?		1	2	3
Q7207	How tense or stressed were you feeling?		1	2	3
Q7208	How calm or relaxed were you feeling?		1	2	3
Q7209	How much were you	enjoying what you were doing?	1	2	3
Q7210	Record current time.		<b> </b>	TINAL	

If 15 minutes has elapsed ......→ GO TO Q7500

	What was the next thi	ng you did yesterday?			
Q7250		e respondent mentions more that ng most attention to or required			
2 SUBS 3 PREP 4 DOIN 5 WATO 6 SHOP 7 WALP 8 TRAV	VORKING SUBSISTENCE FARMING PREPARING FOOD OING HOUSEWORK VATCHING CHILDREN SHOPPING VALKING SOMEWHERE FRAVELING BY BICYCLE RAVELING BY CAR/BUS/TRAIN  10 REST (INCLUDES TEA/COFFE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/ 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY 17 OTHER LEISURELY ACTIVITY		GAMES) 1 2 2 2 2 2 WALK	8 GROOMING OR B 9 EATING 0 RELIGIOUS ACTIV 1 PROVIDING CARE 2 INTIMATE RELATI 3 WENT TO SLEEP	TITY TO SOMEONE ONS/SEX
Q7251	How long did this acti	vity last?			
		spondent has trouble with timate or approximate.		∐ Hours : N	MINUTES
Q7252	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.		1 ALONE		
	Q7252a. At the time, how friendly were you feeling towards this person (these people)?		<ul><li>1 Very friendly</li><li>2 A little friendly</li><li>3 A little irritated</li><li>4 Very irritated</li></ul>		
Now ple	ase think about how you	u felt yesterday during that time	of the day F	Please respond "no	nt at all" "a
	"very much".	a for your add a grant and a	or and day. T	Todoo Toopona III	1
			NOT AT AL	L A LITTLE	VERY MUCH
Q7253	How worried were you	ı feeling?	1	2	3
Q7254	How rushed were you	feeling?	1	2	3
Q7255	How irritated or angry were you feeling?		1	2	3
Q7256	How depressed were you feeling?		1	2	3
Q7257	How tense or stressed	d were you feeling?	1	2	3
Q7258	How calm or relaxed	were you feeling?	1	2	3
Q7259	How much were you	enjoying what you were doing?	1	2	3
		-	<u> </u>		
Q7260	Record current time.		-	TINAL	

If 15 minutes has elapsed ......→ GO TO Q7500

	What was the next thing you did yesterday?				
Q7300	INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of thes activity were you paying most attention to or required the most effort." Circle only ONE activity				
2 SUBS 3 PREP 4 DOING 5 WATG 6 SHOP 7 WALK 8 TRAV	WORKING SUBSISTENCE FARMING PREPARING FOOD DOING HOUSEWORK WATCHING CHILDREN  10 REST (INCLUDES TEA/COFFE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/G		E 18 19 20 GAMES) 21 22 23	GROOMING OR B EATING RELIGIOUS ACTIV PROVIDING CARE INTIMATE RELATI WENT TO SLEEP	ATHING (SELF)  ITY TO SOMEONE ONS/SEX
Q7301		vity last? spondent has trouble with timate or approximate.		Hours: M	<b>I</b> INUTES
Q7302	Were you talking or interacting with anyone when you did this?		1 ALONE 2 SPOUSE 3 ADULT CH	<b>→</b> Q7	303
	INTERVIEWER: Respondent may provide more than one answer - circle responses.		4 YOUNG CHILDREN OR GRANDCHILDREN 5 FAMILY (OTHER THAN SPOUSE/CHILDREN) 6 FRIENDS 7 CO-WORKERS 87 OTHER, SPECIFY:		
	Q7302a. At the time, how friendly were you feeling towards this person (these people)?		<ul> <li>1 Very friendly</li> <li>2 A little friendly</li> <li>3 A little irritated</li> <li>4 Very irritated</li> </ul>		
Now, plea	ase think about how you	u felt yesterday during that time	of the day. Ple	ase respond "no	ot at all", "a
ntue , or	very much .		NOT AT ALL	A LITTLE	VERY MUCH
Q7303	How <u>worried</u> were you	ı feeling?	1	2	3
Q7304	How rushed were you feeling?		1	2	3
Q7305	How irritated or angry were you feeling?		1	2	3
Q7306	How depressed were you feeling?		1	2	3
Q7307	How tense or stressed were you feeling?		1	2	3
Q7308	How calm or relaxed were you feeling?		1	2	3
Q7309	How much were you e	enjoying what you were doing?	1	2	3
Q7310	Record current time.			TIME	

If 15 minutes has elapsed ...... → GO TO Q7500

	What was the next thi	ng you did yesterday?			
Q7350		e respondent mentions more that ing most attention to or required			
3 PREP 4 DOIN 5 WATO 6 SHOP 7 WALF 8 TRAV	DRKING  BSISTENCE FARMING EPARING FOOD  ING HOUSEWORK  ATCHING CHILDREN  10 REST (INCLUDES TEA/COFFE BREAK)  BREAK)  11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/MATCHING CHILDREN  13 READING		GAMES) 22 22 23 WALK	GROOMING OR B EATING RELIGIOUS ACTIV PROVIDING CARE INTIMATE RELATI WENT TO SLEEP	/ITY TO SOMEONE ONS/SEX
Q7351		vity last? spondent has trouble with timate or approximate.		Hours: N	<b>/</b> INUTES
Q7352	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.		1 ALONE		
	Q7352a. At the time, how friendly were you feeling towards this person (these people)?		<ul> <li>1 Very friendly</li> <li>2 A little friendly</li> <li>3 A little irritated</li> <li>4 Very irritated</li> </ul>		
Now ple	ase think about how you	u felt yesterday during that time	of the day P	lease respond "no	nt at all" "a
	very much".	a foir yesterday during that time	or the day. T	- I	oraran, a
			NOT AT ALL	. A LITTLE	VERY MUCH
Q7353	How worried were you	u feeling?	1	2	3
Q7354	How <u>rushed</u> were you	ı feeling?	1	2	3
Q7355	How irritated or angry were you feeling?		1	2	3
Q7356	How depressed were you feeling?		1	2	3
Q7357	How tense or stressed	d were you feeling?	1	2	3
Q7358	How calm or relaxed	were you feeling?	1	2	3
Q7359	How much were you	enjoying what you were doing?	1	2	3
Q7360	Record current time.		<b> </b>		

If 15 minutes has elapsed ......→ GO TO Q7500

	What was the next thing you did yesterday?				
Q7400	INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of these activity were you paying most attention to or required the most effort." Circle only ONE activity.				
2 SUBS 3 PREP 4 DOINI 5 WATC 6 SHOP 7 WALK 8 TRAV	1 WORKING 2 SUBSISTENCE FARMING 3 PREPARING FOOD 4 DOING HOUSEWORK 5 WATCHING CHILDREN 6 SHOPPING 7 WALKING SOMEWHERE 8 TRAVELING BY BICYCLE 9 TRAVELING BY CAR/BUS/TRAIN 10 REST (INCLUDES TEA/COFFE) BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/O 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY OF THE PROPERTY			GROOMING OR B EATING RELIGIOUS ACTIV PROVIDING CARE INTIMATE RELATI WENT TO SLEEP	TO SOMEONE ONS/SEX
Q7401		spondent has trouble with		Hours: N	<b>I</b> INUTES
Q7402	exact duration, get estimate or approximate.  Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.		1 ALONE		
	Q7402a. At the time, how friendly were you feeling towards this person (these people)?		<ul> <li>1 Very friendly</li> <li>2 A little friendly</li> <li>3 A little irritated</li> <li>4 Very irritated</li> </ul>		
NI	4h:	. felt tender . dr. die er the et time	- f 4l l Dl-		-4 -4 -1111 !!-
	very much".	u felt yesterday during that time	or the day. Plea	ase respond no	otatali, a
			NOT AT ALL	A LITTLE	VERY MUCH
Q7403	How worried were you	u feeling?	1	2	3
Q7404	How <u>rushed</u> were you	ı feeling?	1	2	3
Q7405	How irritated or angry were you feeling?		1	2	3
Q7406	How depressed were you feeling?		1	2	3
Q7407	How tense or stressed were you feeling?		1	2	3
Q7408	How calm or relaxed	were you feeling?	1	2	3
Q7409	How much were you enjoying what you were doing?		1	2	3
	Τ				
Q7410	Record current time.			TIME	

If 15 minutes has elapsed ...... → GO TO Q7500

	What was the next thing you did yesterday?				
Q7450	INTERVIEWER: If the respondent mentions more than one activity, probe with "Which of these activity were you paying most attention to or required the most effort." Circle only ONE activity.				
3 PREP 4 DOING 5 WATG 6 SHOP 7 WALK 8 TRAV	ISTENCE FARMING ARING FOOD G HOUSEWORK CHING CHILDREN	10 REST (INCLUDES TEA/COFFEE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/GAMES) 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY WALK 17 OTHER LEISURELY ACTIVITY	18 GROOMING OR BATHING (SELF) 19 EATING 20 RELIGIOUS ACTIVITY 21 PROVIDING CARE TO SOMEONE 22 INTIMATE RELATIONS/SEX 23 WENT TO SLEEP FOR THE NIGHT		

Q7451	How long did this activity last?  INTERVIEWER: If respondent has trouble with exact duration, get estimate or approximate.	Hours : Minutes
Q7452	Were you talking or interacting with anyone when you did this?  INTERVIEWER: Respondent may provide more than one answer - circle responses.	1 ALONE
	Q7452a. At the time, how friendly were you feeling towards this person (these people)?	1 Very friendly 2 A little friendly 3 A little irritated 4 Very irritated

Now, please think about how you felt yesterday during that time of the day. Please respond "not at all", "a little", or "very much".				
		NOT AT ALL	A LITTLE	VERY MUCH
Q7453	How worried were you feeling?	1	2	3
Q7454	How <u>rushed</u> were you feeling?	1	2	3
Q7455	How irritated or angry were you feeling?	1	2	3
Q7456	How <u>depressed</u> were you feeling?	1	2	3
Q7457	How <u>tense or stressed</u> were you feeling?	1	2	3
Q7458	How calm or relaxed were you feeling?	1	2	3
Q7459	How much were you enjoying what you were doing?	1	2	3

Q7500	You have now described your activities from this part of your day yesterday, can you tell me what	TIME
	time this last activity ended.  INTERVIEWER: If respondent has trouble with	8888 Don't know
	exact time, get estimate or approximate.	

INTERVIEWER: For this section, you will ask the respondent questions about how they felt yesterday overall.

I will now	I will now ask you some questions about how you felt yesterday overall.					
Looking for much	Looking at the whole day (morning, afternoon, AND evening), please tell me whether you had these feelings for much of the day. Please just answer "yes" or "no".					
Q7501	Did you feelworried for much of the day yesterday? Yes or no.	1 YES 2 No				
Q7502	Did you feelrushed for much of the day yesterday? Yes or no.	1 YES 2 No				
Q7503	Did you feelirritated or angryfor much of the day yesterday?	1 YES 2 No				
Q7504	Did you feeldepressed?	1 YES 2 No				
Q7505	Did you feeltense or stressedfor much of the day yesterday?	1 YES 2 No				
Q7506	Did you feelcalm or relaxed?	1 YES 2 No				
Q7507	Were you enjoying what you were doing for much of the day yesterday?	1 YES 2 No				
Q7508	Did you feellonely for much of the day yesterday?	1 YES 2 No				
Q7509	Did you feel bored?	1 YES 2 No				
Q7510	Did you feelphysical pain for much of the day yesterday?	1 YES 2 No				
Q7511	Did you feelsleepiness?	1 Yes 2 No				
Q7512	Did you have a stomach ache at any time yesterday?	1 Yes 2 No				

Q7513	Did you have a headache at any time yesterday?	1 Yes 2 No
Q7514	Did you smile or laugh a lot yesterday?	1 YES 2 No
Q7515	What part of the day did you enjoy most yesterday? Was it the morning, the afternoon, or the evening?	1 MORNING 2 AFTERNOON 3 EVENING
Q7516	Compared to a typical morning, how much free time did you have yesterday morning? Was yesterday typical, or did you have more free time yesterday morning, or did you have less free time yesterday morning?	1 MORE FREE TIME 2 TYPICAL 3 LESS FREE TIME
Q7517	Compared to a typical morning, how was your mood yesterday morning? Was it typical, or were you in a better mood yesterday morning, or were you in a worse mood yesterday morning?	1 BETTER MOOD 2 TYPICAL 3 WORSE MOOD
Q7518	How many hours did you sleep last night?	Hours: Minutes 8888 Don't remember
Q7519	Please rate the quality of your sleep last night. Was it very good, good, moderate, poor or very poor?	1 VERY GOOD 2 GOOD 3 MODERATE 4 POOR 5 VERY POOR
Q7520	How many hours did you sleep the night before last?	Hours: Minutes 8888 Don't remember
Q7521	Please rate the quality of your sleep the night before last. Was it very good, good, moderate, poor or very poor?	1 VERY GOOD 2 GOOD 3 MODERATE 4 POOR 5 VERY POOR
Q7522	Who do you think are happier, men or women? Or are they equally happy?	1 MEN 2 WOMEN 3 EQUALLY HAPPY
Q7523	Who do you think has more free time, men or women? Or do they have equal amounts of free time?	1 MEN 2 WOMEN 3 EQUAL AMOUNTS OF FREE TIME

Now I wi	Now I will ask you to compare yourself to other people your age who live in this area.					
Q7524	Are you usually in a better mood or a worse mood than most others? Or are you about the same?	1 BETTER MOOD 2 SAME MOOD 3 WORSE MOOD				
Q7525	Do you have more free time or less free time than most others? Or do you have about the same?	1 More Free Time 2 SAME AMOUNT OF FREE TIME 3 LESS FREE TIME				
Q7526	Are you more anxious or less anxious than most others? Or are you about the same?	1 More Anxious 2 Same Level 3 Less Anxious				
Q7527	Are you more healthy or less healthy than most others? Or are you about the same?	1 More Healthy 2 Same Level of Health 3 Less Healthy				

We will be interviewing many people in this area. We will ask them all about how happy they are. Some people will be sad but they may not tell us they are sad because they are shy or embarrassed. Q7528 Do you think that most people who are sad will tell us YES they are sad? No Q7529 Overall, are most people in this area who are about MOST ARE HAPPY your age happy or sad? MOST ARE SAD Q7530 Now, imagine that you had a newly born grandson, what would you hope for that boy? Would it be more 1 MORE INTELLIGENT important that he be more intelligent than other boys, or HAPPIER happier than other boys?

Finally, I	Finally, I will ask you a few questions about how you keep track of time during the day.						
Q7531	During a typical day, do you usually know what time it is? How often do you know what time it is: never, sometimes, mostly, or always?	1 NEVER 2 SOMETIMES 3 MOSTLY 4 ALWAYS					
Q7532	Do you usually wear a watch or something else that tells you the time?	1 YES 2 No					
Q7533	How do you usually know the time? Do you look at a watch or clock, or do you do certain activities at the same time every day, or do you know from the position of the sun, or do you just guess, or is there something else?	1 LOOK AT A WATCH OR CLOCK 2 DO THINGS AT SAME TIME EVERY DAY 3 THE POSITION OF THE SUN 4 GUESS 87 OTHER, SPECIFY: 88 DON'T KNOW					

	1	
	•	
Time End	▮	

We know you might be getting tired from answering all these questions. We are almost done.

Section 8000: Impact of HIV/AIDS (caregiving)						
Time B	Time Begin					
other th	ollowing questions, we want to find out about how familie rough prolonged illnesses and death. I would like to sper usehold, adults and/or children, who have been ill or died	nd some time talking to you about				
reasons children and will	c you a few questions about people in your household when, or have been ill and died in the last 12 months. I would and their caregiver in the household. The information you be used to improve programs for families and children ortable answering some of the questions. You can children is.	like to know more about any adu you provide will be kept strictly co in need. It is possible that you	It and any onfidential may feel			
provide	wledge that there are many conditions, illnesses and situcare for other household members. But I will start with a eates a high need for care.					
Q8001	Have you ever heard of an illness called AIDS [or use local term] or a virus called HIV [or use local term]?	1 YES 2 No 88 <i>Don't know</i>				
care such their aff	People who are seriously ill usually need to be given care and assistance. This includes both daily personal care such as help with eating, dressing, bathing, moving around in the house as well as assistance with their affairs outside the house such as transportation to see doctors, going to buy medicine, or managing the ill person's financial situation, health care, emotional well-being or other personal affairs. I want to know who in your household has needed care or support and what level they needed.					
Q8002	Over the <u>last 12 months</u> , have any members of your household, adults or children, needed care or support for any reason? This could include financial, physical, emotional, health or personal care or support.***	1 YES 2 No→	Q8028			
I would like to start with the adults aged 18 and older in your household – and will then ask about children later. This adult may still need care or may no longer be living in the household or may have died as a result of an illness or other reason.						
Q8003	In total, how many adult household (HH) members have needed care or support in the <u>last 12 months</u> ?					

INTERVIEWER: Using Section 0400 HH Roster from the HH QUESTIONNAIRE – determine who in the household needed caregiving. This may include people who are not currently in the household, but needed care from a HH member in the last 12 months. Start with adults aged 18 and older.

If Q8010 below includes "05", answer Q8011. If not, go to next person or if last person, go to Q8012.

#### **CAREGIVING TO ADULTS IN THE HOUSEHOLD**

	IN TO ABSETS IN THE HOSSENSED	Α	В	С	D
	Please tell me about the adults needing and receiving care.				
Q8004	Person (HH member) number from Section 0400: HH Roster - or row number from WHS HH roster. For adults not on either roster, enter 66, 67, 68 or 69.				
_	Is this adult alive or dead?	1	1	1	1
Q8005	1 = alive; 2 = dead	2	2	2	2
	What is your relationship to this person? The person	02	02	02	02
Q8005a	is/was your	03	03	03	03
	02=Spouse/partner; 03=Daughter/Son;	04	04	04	04
	04=Daughter- or Son-in-law;	05	05	05	05
	05=Grandchild;	06	06	06	06
	06=Parent; 07=Parent-in-law;	07	07	07	07
	07==rarent-in-law, 08=Brother/Sister:	08	08	08	08
	11= Other relative, adult (e.g. cousin);	11	11	11	11
	12=Not related, Adult	12	12	12	12
00000	Why does/did this person need care or support?* OR				
Q8006	Why did this person die?*	01	01	01	01
	01 = HIV/AIDS related	02	02	02	02
	02 = Other health-related reason 87 = Other reason (not health-related)	87	87	87	87
Q8007	Who is or was the main person providing care for this adult? Is it you yourself, someone else in this household, or someone outside of this household?**	1	1	1	1
	1=Respondent → Q8009	2	2	2	2
	2=Someone else in HH 3=Someone outside HH	3	3	3	3
Q8008	Even if you were not the main caregiver, did/do you provide care or support to this person?				
Q0000	1=Yes	1	1	1	1
	2=No → next person or Q8012 if last person.	2	2	2	2
	For how long have/had you been providing care? (over				
Q8009	the last 12 months)	1	1	1	1
	1 = Less than 30 days 2 = 1 to 3 months	2	2	2	2
	3 = More than 3 months but less than 6 months	3	3	3	3
	4 = 6 months or more	4	4	4	4
	What type of care or support is/was provided?***	1	1	1	1
Q8010	1 = Financial	2	2	2	2
30010	2 = Social/Emotional 3 = Health	3	3	3	3
	3 = Health 4 = Physical	4	4	4	4
	5 = Personal	5	5	5	5
	INTERVIEWER: Circle all that apply				

INTERVIEWER: If Q8010 includes "5=Personal care", answer Q8011. If not, go to next person, or if last person, go to Q8012. С Α В D What type of personal care is/was provided? Help with... 1 1 1 1 Q8011 1 = Bathing2 2 2 2 2 = Eating 3 3 3 3 3 = Dressing4 = Toileting 4 4 4 4 5 = Moving around 5 5 5 5 6 = Incontinence 6 6 6 6 INTERVIEWER: Circle all that apply

Other reason = for example, violence, migration, disability, work-related, school-related, old age, young age.

Emotional = (social support, counseling, time with friends)

Health = (providing health care - administering medicines, changing bandages, arranging health care providers)

Physical = (household chores, transportation)

Personal = (bathing, eating, dressing, toileting (getting to and using the toilet), moving around (transfers), incontinence (bowels and bladder))

Q8012	As the <u>main or other caregiver</u> in the household, how much time per day on average did/do you usually spend providing care for adults?	HOURS :MINUTES 8888 DON'T KNOW	
Q8013	How many of these household members, who had a prolonged illness or died in the last 12 months, were contributing an income to the household and now have stopped?		
Q8014	Was one of these persons (who have/had a prolonged illness or who died) from your household the main income earner?	1 YES 2 No 88 <i>Don't know</i>	
Q8015	In relation to providing care and support in the last 12 months, has your household received any help or assistance from outside the household?	1 YES 2 No	Q8018 Q8018

	ct few questions ask about what os to assist you in providing care		or assistance you, as a caregiver, received from other people
		1	Financial, such as cash, paying for bills, fees, food or
Q8016	What kind of support have		medicines, clothing or other provisions
	you, as a caregiver,	2	Emotional, like social support, counseling, time with friends
	received?	3	Health, including providing health care, administering medicines, changing bandages, arranging health care
	INTERVIEWER: Read each		providers
	option and circle all that	4	Physical including household chores, transportation
	apply	5	Personal care, help with bathing, eating, dressing, toileting,
			moving around
		87	Other, specify:

<sup>\*</sup> HIV/AIDS related = care or support because of illness related to HIV infection or AIDS [use local term] (which could include tuberculosis (TB) and malaria [use local term] for example).

<sup>\*\*</sup> Main caregiver is the person primarily responsible for feeding, clothing, providing health care and caring for an adult.

<sup>\*\*\*</sup>Financial = (cash, paying for bills, fees, food, medicines)

	Who provided this support or	1 Family outside household	
Q8017	assistance?	2 Neighbours/community	
		3 Government	
	Anyone else?	4 Church	
	INTERVIEWER: Circle ALL	5 NGOs	
	answers that the respondent	87 Other	
	spontaneously mentions	88 Don't know	

The next questions ask about the impact of providing care on you. I am going to ask whether you face some problems related to your health and well-being since you began providing care for any household members. We want to know how you and your health have been affected by your caregiving duties.

As a result of providing care, or the increase in providing care, over the <u>last 12 months</u> , how much <u>difficulty</u> have <u>you</u> had with:						
<u> </u>	The state of the s	None	Mild	Moderate	Severe	Extreme
Q8018	getting enough sleep?	1	2	3	4	5
Q8019	eating enough food?	1	2	3	4	5
Q8020	having enough energy to do the extra work?	1	2	3	4	5
Q8021	taking care of your health, ailments or chronic		2	3	4	5
Q8022	paying for medication/treatments for your own ailments / chronic conditions?	1	2	3	4	5
Q8023	Q8023visiting friends and relatives as much as before you were providing this level of care?		2	3	4	5
Q8024	024sharing feelings about caregiving responsibility with others?		2	3	4	5
Q8025	Q8025financial problems due to loss of income, decreased time available for paid employment, or increased costs or expenses?		2	3	4	5
Q8026	knowing the correct care to provide for health problems for this person(s) (for example, knowing the best treatment, getting access to medicines (like anti-retrovirals), knowing how to protect <u>yourself</u> , as the caregiver, from getting the illness/disease)?	1	2	3	4	5
Q8027	experiencing stigma or problems as a result of or associated with the illness or death (that is, have you been treated differently or poorly by the community, friends or family members outside your household)?	1	2	3	4	5

<u>Caregiving to Children in the Household</u>

The following questions ask about care you provide or have provided to children in the household over the last 12 months - specifically care provided to children aged 15 years or younger for whom one or both parents are ill or absent (prolonged illness or absent through death or migration or other reason). Care could be related to physical care, health care, financial support or other reasons, where you are responsible for the well-being of the child/children.

Q8028	Has anyone in your household provided care for any child aged 15 or under in the household in the last 12 months?	1 YES 2 No	Q8047
Q8028a	In total, how many <u>child</u> household (HH) members have needed care or support in the <u>last 12 months</u> ?		

INTERVIEWER: complete one set of questions below for each child in the household up to four children. Skip the remaining questions if fewer than four children (for example, if only one child, complete Q8029a-Q8029g, then skip to Q8033). **Check against the household roster (SECTION 0400).** 

Q8029	Please think of the oldest of the children aged 15 years or younger. Who is that?  Enter person (HH member) number from	a) 🔲	
	Section 0400: HH Roster OR row number from WHS roster. Enter '66' in a) for child who is not listed on either roster.	b) Q <u>0</u> <u>4</u>	
	Q8029a. What is this child [NAME]'s relationship to you?	<ul> <li>Daughter or son</li> <li>Grandchild</li> <li>Other family related child</li> <li>Not family-related child</li> <li>Other</li> </ul>	
	Q8029b. Is this child alive or dead?	1 Alive 2 Dead	
	Q8029c. Which of [NAME]'s parents are ill, absent or dead? Neither, only his/her mother, only his/her father or both parents?	<ul><li>Neither parent</li></ul>	→ Q8029e
	Q8029d. What was/were the reasons for parent(s) being ill or absent (or reasons for death)?*  INTERVIEWER: Circle all that apply.	<ul> <li>HIV/AIDS related</li> <li>Other health reason</li> <li>Other reason (not health related</li> <li>Other, specify:</li> </ul>	d)
	Q8029e. Now, please tell me, who is or was the main person providing care for this child? Is it you yourself, someone else in this household, or someone outside of this household?**	1 RESPONDENT	Q8029g
	Q8029f. Even if you are/were not the main caregiver, did/do you provide care or support to this child?	1 YES 2 No	Q8030
	Q8029g. What type of care or support is/was provided?***	1 Financial 2 Social/Emotional 3 Health	
	INTERVIEWER: Read each and circle all that apply	4 Physical 5 Personal	

<sup>\*</sup> HIV/AIDS related = care or support because of illness related to HIV infection or AIDS [use local term] (which could include tuberculosis (TB) and malaria [use local term] for example).

Other reason = for example, violence, migration, work related.

Social/Emotional = (social support, counseling, time with friends, "parenting" time)

Health = (providing health care - administering medicines, changing bandages, arranging health care providers)

Physical = (household chores, transportation)

Personal = (bathing, eating, dressing, toileting, moving around (transfers), incontinence (bowels and bladder))

INTERVIEWER: If only one child ....... → SKIP to Q8033.

<sup>\*\*</sup> Main caregiver is the person primarily responsible for feeding, clothing, providing health care and caring for a child or adult.

<sup>\*\*\*</sup>Financial = (cash, paying for bills, fees, food, medicines)

Now tell us about a second child in the household needing care.

#### Check against the household roster (SECTION 0400).

Q8030	Please think of the next youngest of the children aged 15 years or younger. Who is that?	a) 🗌	
	Enter person (HH member) number from Section 0400: HH Roster OR row number from WHS roster. Enter '67' in a) for child who is not listed on either roster.	b) Q <u>0</u> <u>4</u>	
	Q8030a. What is this child [NAME]'s relationship to you?	1 Daughter or son 2 Grandchild 3 Other family related child 4 Not family-related child 87 Other	
	Q8030b. Is the child alive or dead?	1 Alive 2 Dead	
	Q8030c. Which of [NAME]'s parents are ill, absent or dead? Only his/her mother, only his/her father or both parents?	<ul> <li>Neither parent</li> <li>Only mother</li> <li>Only father</li> <li>Both parents</li> </ul>	3030e
	Q8030d. What was/were the reasons for parent(s) being ill or absent (or reasons for death)?*  INTERVIEWER: Circle all that apply.	1 HIV/AIDS related 2 Other health reason 3 Other reason (not health related) 87 Other, specify:	
	Q8030e. Now, please tell me, who is or was the main person providing care for these children? Is it you yourself, someone else in this household, or someone outside of this household?**	1 RESPONDENT → Q8 2 SOMEONE ELSE IN HOUSEHOLD 3 SOMEONE OUTSIDE HOUSEHOLD	3030g
	Q8030f. Even if you were not the main caregiver, did/do you provide care or support to any members of the household?	1 Yes 2 No <b>→</b> Q8	3031
	Q8030g. What type of care or support is/was provided?***	1 Financial 2 Social/Emotional 3 Health	
	INTERVIEWER: Read each and circle all that apply	4 Physical 5 Personal	

<sup>\*</sup> HIV/AIDS related = care or support because of illness related to HIV infection or AIDS [use local term] (which could include tuberculosis (TB) and malaria [use local term] for example).

Social/Emotional = (social support, counseling, time with friends, "parenting" time)

Health = (providing health care - administering medicines, changing bandages, arranging health care providers)
Physical = (household chores, transportation)

Personal = (bathing, eating, dressing, toileting, moving around (transfers), incontinence (bowels and bladder))

INTERVIEWER: If only two children....... → SKIP to Q8033.

Other reason = for example, violence, migration, work related.

<sup>\*\*</sup> Main caregiver is the person primarily responsible for feeding, clothing, providing health care and caring for a child or adult.

<sup>\*\*\*</sup>Financial = (cash, paying for bills, fees, food, medicines)

Now tell us about a third child in the household needing care.

#### Check against the household roster (SECTION 0400).

Q8031	Please think of the next youngest of the children aged 15 years or younger. Who is that?	a)
	Enter person (HH member) number from Section 0400: HH Roster OR row number from WHS roster. Enter '68' in a) for child who is not listed on either roster.	b) Q <u>0</u> <u>4</u>
	Q8031a. What is the child [NAME]'s relationship to you?	1 Daughter or son 2 Grandchild 3 Other family related child 4 Not family-related child 87 Other
	Q8031b. Is the child alive or dead?	1 Alive 2 Dead
	Q8031c. Which of [NAME]'s parents are ill, absent or dead? Only his/her mother, only his/her father or both parents?	<ul> <li>Neither parent</li></ul>
	Q8031d. What was/were the reasons for parent(s) being ill or absent (or reason for death)?*	1 HIV/AIDS related 2 Other health reason 3 Other reason (not health related) 87 Other, specify:
	Q8031e. Now, please tell me, who is or was the main person providing care for these children? Is it you yourself, someone else in this household, or someone outside of this household?**	1 RESPONDENT → Q8031g 2 SOMEONE ELSE IN HOUSEHOLD 3 SOMEONE OUTSIDE HOUSEHOLD
	Q8031f. Even if you were not the main caregiver, did/do you provide care or support to any members of the household?	1 YES 2 No → Q8032
	Q8031g. What type of care or support is/was provided?***	1 Financial 2 Social/Emotional 3 Health
	INTERVIEWER: Circle all that apply	4 Physical 5 Personal

<sup>\*</sup> HIV/AIDS related = care or support because of illness related to HIV infection or AIDS [use local term] (which could include tuberculosis (TB) and malaria [use local term] for example).

Other reason = for example, violence, migration, work related.

Social/Emotional = (social support, counseling, time with friends, "parenting" time)

Health = (providing health care - administering medicines, changing bandages, arranging health care providers)

Physical = (household chores, transportation)

Personal = (bathing, eating, dressing, toileting, moving around (transfers), incontinence (bowels and bladder))

INTERVIEWER: If only three children ....... → SKIP to Q8033.

<sup>\*\*</sup> Main caregiver is the person primarily responsible for feeding, clothing, providing health care and caring for a child or adult.

<sup>\*\*\*</sup>Financial = (cash, paying for bills, fees, food, medicines)

Now tell us about a fourth child in the household needing care.

Check against the household roster (SECTION 0400).

Cilect	against the nousehold roster (SECTION 040	<i>)</i> .
Q8032	Please think of the next youngest of the children aged 15 years or younger. Who is that?	a) 🗆 🗆
	Enter person (HH member) number from Section 0400: HH Roster OR row number from WHS roster. Enter '69' in a) for child who is not listed on either roster.	b) Q <u>0</u> <u>4</u>
	Q8032a. What is the child [ <i>NAME</i> ]'s relationship to you?	<ul> <li>Daughter or son</li> <li>Grandchild</li> <li>Other family related child</li> <li>Not family-related child</li> <li>Other</li> </ul>
	Q8032b. Is the child alive or dead?	1 Alive 2 Dead
	Q8032c. Which of [NAME]'s parents are ill, absent or dead? Only his/her mother, only his/her father or both parents?	1 Neither parent → Q8032e 2 Only mother 3 Only father 4 Both parents
	Q8032d. What was/were the reasons for parent(s) being ill or absent (or reason for death)?*	1 HIV/AIDS related 2 Other health reason 3 Other reason (not health related) 87 Other, specify:
	Q8032e. Now, please tell me, who is or was the main person providing care for these children? Is it you yourself, someone else in this household, or someone outside of this household?**	1 RESPONDENT Q8032g 2 SOMEONE ELSE IN HOUSEHOLD 3 SOMEONE OUTSIDE HOUSEHOLD
	Q8032f. Even if you were not the main caregiver, did/do you provide care or support to any members of the household?	1 YES 2 No → Q8033
	Q8032g. What type of care or support is/was provided?***	1 Financial 2 Social/Emotional 3 Health
	INTERVIEWER: Circle all that apply	4 Physical 5 Personal

The following questions ask about the time involved with care you provide to children and if you, as the caregiver, receive any assistance.

Q8033	usually apand providing care for shildren?	HOURS :MINUTES 8888 DON'T KNOW	
Q8034	In relation to providing care and support in the last 12 months, has your household <u>received</u> any help or assistance from <u>outside</u> the household?	1 YES 2 No	Q8037 Q8037

The next few questions ask about what help or assistance you, as a caregiver, received from other people or groups to assist you in providing care for the child/children. Financial, such as cash, paying for bills, fees, food or Q8035 What kind of help have you, as a caregiver, received? medicines, clothing or other provisions 2 Emotional, like social support, counseling, time with friends INTERVIEWER: Read each Health, including providing health care, administering medicines, changing bandages, arranging health care option and circle all that providers apply 4 Physical including household chores, transportation Personal care, help with bathing, eating, dressing, toileting, moving around 87 Other, specify: Who provided this help or 1 Family outside household Q8036 assistance? 2 Neighbours/community 3 Government Anyone else? 4 Church 5 **NGOs** 87 Other INTERVIEWER: Circle ALL answers that the respondent 88 Don't know spontaneously mentions

The next questions ask about the impact of providing care on you. I am going to ask whether <u>you face</u> <u>some problems related to your health and well-being</u> since you began providing care for any household members. We want to know how you and your health have been affected by your caregiving duties.

As a result of providing care, or the increase in providing care, over the <u>last 12 months</u> , how much <u>difficulty</u> have <u>you</u> had with:						
		None	Mild	Moderate	Severe	Extreme
Q8037	getting enough sleep?	1	2	3	4	5
Q8038	eating enough food?	1	2	3	4	5
Q8039	having enough energy to do the extra work?	1	2	3	4	5
Q8040	taking care of your health, ailments or chronic condition ( <i>if exist</i> ) – including impact of caregiving on your own health (such as, stress, fatigue, muscle strains, insomnia, anxiety, grief)?	1	2	3	4	5
Q8041	paying for medication/treatments for your own ailments / chronic conditions?	1	2	3	4	5
Q8042	visiting friends and relatives as much as before you were providing this level of care?	1	2	3	4	5

	Over the last 12 months, how much difficulty have	None	Mild	Moderate	Severe	Extreme
	<u>you</u> had with:					
Q8043	sharing feelings about caregiving responsibility	1	2	3	4	5
	with others?					
00011	financial problems due to loss of income,					_
Q8044	decreased time available for paid employment, or	1	2	3	4	5
	increased costs or expenses?					
Q8045	knowing and providing the correct care for health problems for this person(s) (for example, knowing the best treatment, getting access to medicines (like anti-retrovirals), knowing how to protect yourself, as the caregiver, from getting the illness/disease)?	1	2	3	4	5
Q8046	experiencing stigma or problems as a result of or associated with the illness or death (that is, have you been treated differently or poorly by the community, friends or family members outside your household)?	1	2	3	4	5

One final question about the impact of caregiving on your health.

Q8047	Think about the care you have given to the ill household		
	member(s) or to the orphaned child(ren) in your home over the	1	MORE THAN USED TO
	last 12 months and think about your own health.	2	ABOUT THE SAME
	Because of this caregiving, how often have you been going to	3	LESS THAN USED TO
	seek medical care or consultation or check ups for your own		
	health? Have you been going more than you used to, less than		
	you used or has it stayed about the same?		

		•		
Time End		•		

INTERVIEWER: This is the end of the interview. Complete section 9000 when you have finished with the respondent.

This completes the interview. We thank you for your time and answers. I have your contact details and may be in touch again. Should you have any questions or concerns please do not hesitate to contact my supervisor [give supervisor's name]. As mentioned in the consent form, we may return to you in two years time and would appreciate speaking with you again.

#### **Section 9000: Interviewer Assessment**

#### INTERVIEWER

Q9001	Was someone else present during the interview?	1 YES	2 No
	Did respondent have		
Q9002	Hearing problem?	1 YES	2 No
Q9003	Vision problem?	1 YES	2 No
Q9004	Use wheelchair?	1 YES	2 No
Q9005	Use cane/crutches/walker?	1 YES	2 No
Q9006	Have difficulties walking?	1 YES	2 No
Q9007	Paralysis?	1 YES	2 No
Q9008	Cough continually?	1 YES	2 No
Q9009	Shortness of breath?	1 YES	2 No
Q9010	Mental problems?	1 YES	2 No
Q9011	Other health problem?	1 YES	2 No
Q9012	Amputated limb (arm or leg)?	1 YES	2 No
Q9013	What is your assessment of the respondent's	1 VERY GOOD	
	cooperation?	2 GOOD	
		3 MODERATE	
		4 BAD	
		5 VERY BAD	
Q9014	What is your evaluation of the accuracy and	1 VERY HIGH	
	completeness of the respondent's answers?	2 High	
		3 AVERAGE	
		4 Low	
		5 VERY LOW	

		QUESTION NUMBER(s)	NOTES
Q9015	Questions with doubtful answers		
Q9016	Questions needing follow-up or clarification from supervisor		
Q9017	Other problems or issues		
Q9018	What questions did respondent find difficult, embarrassing or confusing?		
Q9019	What questions did you the interviewer find difficult, embarrassing or confusing?		
Notes:			