

## Closure Report

On

### “Celebrating Women’s International Day”

The Internal Committee of the IIPS conducted a half-day symposium to celebrate International Women’s Day on 15<sup>th</sup> March 2024. Faculty, staff and students of the institute attended the event. Internal Committee member Dr. Suresh Jungari welcomed guest speakers Dr. Nishita Raje and Miss Sharon D’Souza-Pretto and introduced the programme. Director of IIPS Prof. S.K.Singh chaired the sessions and gave his opening remarks on the programme. Dr. P. Murgagesan announced the prize distribution of various activities conducted by internal committee. Ms. Komal Gajebhiye has introduced guest speakers.



Welcomed guest speakers

Dr. Nishita Raje talked about women's economic participation and productivity. She discussed the importance of women participation in Welfare and equality of opportunities in various stages of women careers. She highlighted that 1.5 to 9 per cent GDP growth could occur if 50% of women in India were involved in the workforce. Only more than one-third of females are participating in the labour force, while 67 per cent of women are outside. She addressed that inequality is not only found in education and opportunity but is also more vulnerable than men. Additionally, she emphasised that about 25 per cent of women spend 25% more time in poor health.



Opening programme by the Director



*Lectured by Nishita Raje*

The last speaker, Miss Sharon D' Souza-Preto, talked about women's Life skills, leadership and coping mechanisms in the workplace and real life. She emphasized the importance of emotional intelligence while dealing with various life situations. She highlighted five critical points for counselling life coaches for ourselves: awareness about our dreams, skills gathering, empathy, self-regulation and coping mechanisms.

Dr. P. Murgagesan proposed a vote for thanks at the end of the programme.