

THE TIMES OF INDIA

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INDIA'S LARGEST ENGLISH NEWSPAPER

Rohit Sharma back, pacer Navdeep Saini to make his debut as India, Aus clash in **3rd Test** at Sydney from today. With scoreline 1-1, **Paine says tensions up** between teams over India's stand on quarantine rules

A fan who attended 2nd India-Aus Test at MCG tests +ve for Covid. Govt urges fans who were in area to get tested

New Zealand beats Pak by an innings and 178 runs in 2nd game to become **No. 1 Test team first time ever**

THE TIMES OF INDIA
Number Magic
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75m 60+ Indians suffer from chronic disease

India's First & World's Largest Study on Elderly

Sushmi.Dey@timesgroup.com

New Delhi: About 75 million people above 60 in India suffer from some chronic disease, shows the first part (2017-18) of the world's largest study

► **'Priority' popn to get texts on vaccine appointment, P 6**
► **India crosses one crore Covid recoveries, P 12**

on the aged — the Longitudinal Aging Study in India (LASI)—released by the health ministry on Wednesday.

While 27% of elderly have multi-morbidities, about 40%

NO PENSION FOR 78%

► 27% of elderly have multi-morbidities, around 40% have a disability and 20% have issues related to mental health

► 3/4ths of those aged 60 and above who were diagnosed with chronic conditions have been treated for **hypertension (77%), chronic heart diseases (74%), diabetes mellitus (83%), chronic lung diseases (72%) and cancer (75%)**

► 78% of people aged 60 and above neither receiving nor expected to receive pension

have one or another disability and 20% have issues related to mental health, said the report that aims to provide a base for national and state-level programmes and policies for the aged.

► **Diabetes among 83%, P 12**

Vax transport from today, 2cr doses in 41 cities by tmrw

The first consignment of Covid vaccines will be transported across India on Thursday. "Two crore doses will be moved to 41 cities by January 8," K Selvakumar, COO of AAI Cargo Logistics and Allied Services Co Ltd, said. AAICLAS will

► **No written consent for priority vaccination, P 2**

operate a freighter fleet of over 100 aircraft for this. "Vaccines will be transported from Pune in specially designed containers," he said, adding the schedule has been drawn up in a way that will ensure the doses can be used within 24 hrs. **TNN P12**

SC to examine validity of laws on 'love jihad'

New Delhi: The SC on Wednesday agreed to examine the validity of 'love jihad' laws and ordinances passed by BJP-governed states to curb alleged conversion of girls through inter-faith marriages after PILs termed them "divisive, anti-secular" and importantly, breaching the fundamental right to cho-

► **Muslim girl converts to marry Hindu, both held, P 10**

ose a life partner, reports **Dhananjay Mahapatra.**

A bench of CJI S A Bobde and Justices A S Bopanna and V Ramasubramanian shed initial reluctance and entertained the petitions by 3 lawyers and NGO 'Citizens for Justice and Peace', but not before suggesting they move the HCs concerned.

► **Declined to stay, P 10**

Cabinet clears 50% cut in premiums for bldrs

Chaitanya.Marpakwar
@timesgroup.com

Mumbai: After dilly-dallying for over three months, the state cabinet on Wednesday finally approved the proposal to reduce construction premiums paid by builders by 50%. This reduction will only be for a year and is meant to give a fillip to the building industry, hit hard by the lockdown.

However, the approval came with some riders after the Congress raised questions about the scheme and opposition leader Devendra Fadnis alleged it was drafted to favour some top builders.

According to the scheme, builders will have to pay premiums based on the Ready Reckoner (RR) rates for 2019 or 2020, whichever is higher.

► **'MahaRera oversight', P**

NOD WITH RIDERS

► Premiums based on the RR rates for 2019 or 2020, whichever is higher

► Builders opting in must pay the entire stamp duty; give undertaking to not pass it along to home buyers

► Scheme will be valid till December 31, 2021

A'gabab: CMO tweet irks Maha Cong chief

Chief minister Uddhav Thackeray's office for the first time referred to Aurangabad as Sambhajinagar on its Twitter handle, leading to Congress state chief Balasaheb Thorat saying he disapproved of a "government document" bearing the name. **P 4**

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83% of 60+ treated for diabetes, 77% for hypertension: Study

► From P 1

The LASI, Wave 1, covered a baseline sample of 72,250 individuals aged 45 and above and their spouses. This included 31,464 people aged 60 and above and 6,749 aged 75 and above from all states and Union territories, excluding Sikkim.

"It is India's first and the world's largest-ever survey that provides a longitudinal database for designing policies and programmes for the older population in broad domains of social, health, and economic well-being," health minister Harsh Vardhan said. "In the 2011 census, the 60+ accounted for 8.6% of India's population, accounting for 103 million elderly people. Growing at around 3% annually, the number of elderly-age population will rise to 319 million in 2050."

The survey used biomarkers based on direct health examinations to estimate the prevalence of

Social security coverage is higher in smaller states where people are engaged in full-time jobs and in public sector units

chronic health conditions, including hypertension, visual impairment, overweight or obesity or under-nutrition and chronic respiratory diseases.

Around three-quarters of those 60 and above who were diagnosed with chronic conditions have been treated for hypertension (77%), chronic heart diseases (74%), diabetes mellitus (83%), chronic lung diseases (72%) and cancer (75%). More than half have been treated for stroke (58%) and bone or joint diseases (56%), whereas the treatment rate for neurological and psychiatric diseases is 41%.

The treatment rate for all chronic health conditions is higher among the elderly in urban areas.

The overall hospitalisation rate was 7% for adults

aged 45 and above. In the 12 months prior to the survey, the hospitalisation rate increased from 6% among adults in the 45-59 age group to 8% among those 60 and above and 9% among 70 and above.

The survey also showed that about one-fifth of those 60 and above, who are officially retired, are currently receiving pension and an additional 3% are expected to receive it. A large proportion (78%) are neither receiving nor expected to receive pension. More than half of people aged 60 and above (54%) with 10 or more years of schooling, and who are officially retired, are receiving pension. In comparison, just 4% of those with no schooling get pension.

Social security coverage is significantly higher in smaller states and UTs where people are mostly engaged in full-time jobs and in public sector units. North, east and central Indian states have almost negligible social security coverage.