

3.6.1 Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the year.

The institute has the unique practice of sharing the findings of its various research studies with the communities by organizing specially designed dissemination seminars. They are attended by general public, academics, researchers, policy makers and programme managers, media persons, etc.

The Institute regularly organizes educational excursions, social service related trips, heritage walks, and outstation educational trips. Every year, master's students are taken to educational excursion. During these visits, students had the opportunity to visit and interact with academics from various institutions and NGO workers to understand their activities, and approaches and methods of solving community's health problems by researching with people.

Every year Institute sensitizes students, staff, faculty members, and community for gender equality, sexual harassment at work place, women's safety, hygiene, water & sanitation, reproductive and child health, etc. In addition, Institute organized various other activities such as poster competition, story-telling, poster-slogan competition, debating competition, recitation of poems or elocution, documentary film competition, etc. where everyone within and outside Institute was invited to participate.

Institute also organizes yoga and fitness sessions and blood donation camps from time to time for the holistic development of the students, staff, faculty, and family members of staff and faculty, outsiders.